

# CAPABILITY ENHANCEMENT INITIATIVES

Skill development is a vital tool to empower people, to safeguard their future and for the overall development of an individual.

Career College, Bhopal on its part provides necessary assistance to students so that they are able to acquire meaningful experiences at the campus and thus facilitating their holistic development and progression.

## SOFT SKILL DEVELOPMENT INITIATIVES

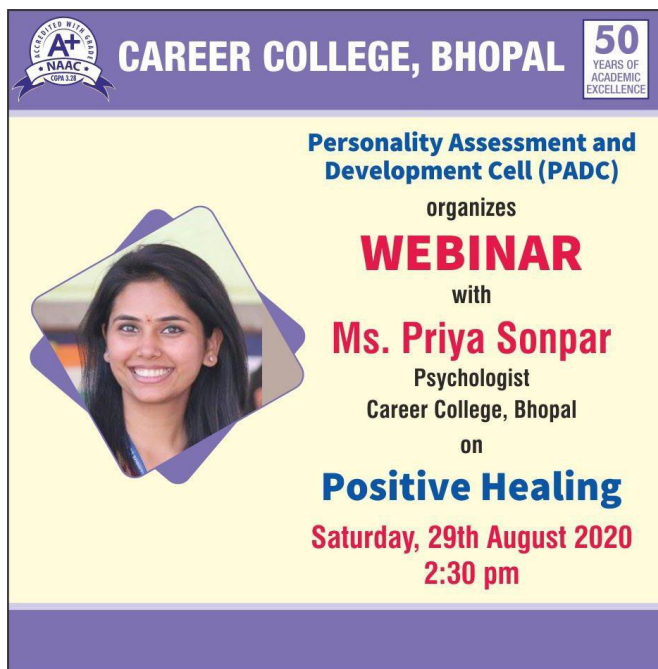
Students who recognize the importance of soft skills on time are able to master their studies more successfully, complete their student obligations smoothly, make more acquaintances that may prove useful in the future, and better present themselves to professors who can also play an important role in their future. Career College on its part helps and guides the students for developing better Soft Skills and for this the PADC cell of the college organizes several programs at regular intervals for all. Some of the initiatives are as follows:

### SESSION: 2020-21

#### Webinar on Positive Healing

Career College Bhopal Personality Assessment and Development Cell (PADC) organized a webinar on 29<sup>th</sup> August 2020 on “Positive Healing”. Dr. Punam Gupta, Principal, Career College welcomed the speaker of the webinar, Ms. Priya Sonpar, a psychologist, she told students to have a positive attitude, accept reality, and to take care of their mental and physical health in this pandemic situation. She added not to procrastinate on things but to change their perception. She emphasizes on

sharing of thoughts with family members, communication with friends and drawing some ME



**CAREER COLLEGE, BHOPAL**

PERSONALITY ASSESSMENT AND DEVELOPMENT CELL (PADC)

organizes

**WEBINAR**

with

**Ms. Priya Sonpar**

Psychologist  
Career College, Bhopal

on

**Positive Healing**

**Saturday, 29th August 2020**  
**2:30 pm**

time and not to make physical distancing into relationship distancing. She advised them to utilize their time beneficially. Around 138 students with teachers attended the Webinar.

### **Webinar on “Role of Youth towards Society during Pandemic”**

Career College Bhopal Personality Assessment and Development Cell (PADC) organized a webinar on 16th January 2021 on “Role of Youth towards Society during Pandemic”.

Dr. Charanjit Kaur, Principal, Career College welcomed the speaker of the webinar, Dr. M. Sen Gupta, Retd. Director, NCERT, Delhi. He discussed about economic as well as social impact of pandemic on the youth of society. He added that youth are the engine of ideas that have the potential to bring changes in society. In his deliberation he motivated the youths to contribute to society in the present challenging scenario. He suggested that with the help of extension activities, youths can

jointly help themselves and other needy peoples in the society. The webinar was focused on Youths and their duties towards the country and society of which they play an important role. Around 90 students together with teachers participated in the event.

The poster is for a webinar organized by the Personality Assessment & Development Cell (PADC) at Career College. It features the college's NAAC A+ grade logo and a 50th anniversary badge. The text on the poster reads: 'Personality Assessment & development cell (PADC) WEBINAR on ROLE OF YOUTH TOWARDS SOCIETY DURING PANDEMIC by Dr. M. Sen Gupta Retired Director NCERT Delhi Saturday 16<sup>th</sup> January 2021 12:00 noon to 1:00 p.m.'

### **Lecture on Time Management**

PADC organized a Guest lecture on Time Management for UG & PG students' dated 16 Feb' 2021. The lecture was conducted by Ms. Priya Sonpar Counselor and Consultant Psychologist, she illuminated students with the strategy of planning out their available time and controlling the amount of time they spend on specific tasks in order to work more efficiently. She also apprises on how effective time management can make work easier and enhance their skills. Around 52 students participated in the event.

## LANGUAGE AND COMMUNICATION SKILLS

Language is a vital part of human connection. Although all species have their ways of communicating, humans are the only ones that have mastered cognitive language communication. Language allows us to share our ideas, thoughts, and feelings with others. It has the power to build societies, but also tear them down. Understanding how to communicate effectively with peers sets the stage for positive self-esteem. Students feel empowered when they can “talk the talk” in their social lives. Effective use of oral communication also allows students to advocate for them. Moreover Good communication skills will help get hired, land promotions, and be a success throughout their career.

Career College on its part helps and guides the students for developing better communication skills and for this the PADC cell of the college organizes several programs at regular intervals for all. Some of the initiatives are as follows:

### Session 2020-21

Activity name	Date	Number of students participated	Resource Person
Webinar on Interpersonal Skills	18-12-2020	165	Dr.Rajneesh Jain,Retd. Prof. Govt. College of Edu., Psychology and guidance, Jabalpur,cont.no-9827387692
Presentation cum workshop on Phonetics	05-02-2021 to 06-02-2021	54	Dr.Anju Pathak, Career College,Bhopal,Cont.NO-9425147034
English Communication/ Spoken Skill Classes	17-08-2020	42	Dr.Anju Pathak and Mrs. Shoma Burman, Career College,Bhopal,Cont.NO-9425147034

### **Webinar on “Interpersonal Skill Development”.**

Career College Bhopal Personality Assessment and Development Cell (PADC) organized a webinar on 18th December 2020 on “Interpersonal Skill Development”. Dr.Charanjit Kaur, Principal, Career College welcomed the speaker of the webinar, Dr.Rajneesh Jain,Retd.Prof. Govt. College of Education, Psychology and guidance, Jabalpur, enlighten students that interpersonal skills are the foundation for success in life particularly communication skills such as listening and effective speaking. It will help them to communicate more effectively with other people, both individually and in groups. He apprised as today’s generation is career-oriented so they should have a positive attitude in life along with self-confidence, work ethics, etiquette, receptiveness, and good body language. He added to do self-assessment and discover their strengths and weaknesses, always be open to feedback accept their mistakes and be ready to take responsibility and accountability. He emphasized on being an ardent listener and not to think about consequences before doing any work, always have an attitude of “**I can**”.

### **Presentation cum workshop on Phonetics**

The personality Assessment and Development cell organized two days presentation cum workshop on “**Phonetics**” for PG and UG students from 5/2/2021 to 6/2/2021at language lab.The presentation was given by Dr. Anju Pathak, Asst Prof English. In her presentation she enlightened students about Phonetics which is a branch of linguistics where the sounds and physical properties of human speech sounds are studied. She apprised that In today’s generation, where communication plays an important role in every field, phonetics focuses on letter sounds and not just letter names or spellings. Phonetics helps you in decoding words and pronouncing it correctly. It reduces mumbling and fumbling and helps in boosting your confidence With 44 sounds one gets the tools to read almost any word. **Articulatory phonetics:** focuses on how the vocal tract produces the sounds of language and by using **IPA symbols**,that will Improves your fluency and accent.



### **English Communication/ Spoken Skill Classes**

Personality Assessment and Development Cell (PADC) has been conducting English Communication classes successfully for UG classes. Communication Classes were conducted consistently by Dr. Anju Pathak. Students were highly benefited by these classes and showed a remarkable improvement in their overall performance.



## LIFE SKILLS

In everyday life, the development of life skills helps students to find new ways of thinking and problem solving. It recognises the impact of their actions and teaches them to take responsibility for what they do rather than blame others. It builds confidence both in spoken skills and for group collaborations and co-operations. Few initiatives to develop students' skills for tomorrow's challenges are by teaching collaboration as a value and skill set, build on evaluation and analysis by various competitions, teach tolerance and resilience, help students learn through their strengths and use learning beyond the classroom.

Career College on its part helps and guides the students for developing better Life skills. The various cells and Departments organize several programs at regular intervals for our students. Some of the initiatives are as follows:

S.No.	Name of the Event	Date	Number of Participants	Organizing Cell, Dept. and Resource Person
1	Webinar on Yoga	11-05-2021	30	Dr. Dixhanand Saraswati HOD of Yoga, SSL Jain College, Vidisha Ph:8989437026
2	Yoga Day Celebration	12-06-2021	36	Capt. Manoj Selokar, NCC Officer, Career College, Bhopal Ph:9826817731
3	Fitness Matters	21-06-2021	32	Sports Cell, NCC cell, Dept. Of Microbiology & Commerce and Management Ph:9826817731
4	YOGA for All	26-06-2021	27	Mr. BhanuUday Shandilya, Physiotherapist, Career College, Bhopal Ph:8959000333
5	Poster competition on Health and Hygiene	28-06-2021	27	NCC, Sports, Dept. Of Microbiology, Commerce and Management Ph:9826817731
6	National Youth	12-01-2021	45	NCC, Sports, Dept. Of Microbiology,

	Day			Commerce and Management Ph:9826817731
7	Hygienics-2020	17-10-2020	42	Capt. Manoj Selokar, NCC Officer, Career College, Bhopal Ph:9826817731
8	International Conference(Virtual Mode) on Emergence, Diagnosis, Treatment and impact of COVID-19 : A Global Health Perspective	5-3-21 to 6-3-2021	180	Dept. Of Physiotherapy and Nursing Ph:9926710016
9	Gender sensitization cum awareness workshop on	19-03-2021	40	Department of Library Science. Ph: 8989206109
10	Women Health and hygiene with special reference to PCOD' (only for girls)	19-02-2021	44	Dept of Biotech and Biochem with Women Empowerment Cell In association with Garg Health Care, New Delhi Ph:9893003625
11	Webinar on ' Menstual Health and Hygiene' Let's Talk be carefree: We value your Day'	24-01-2021	102	Ms.Ankita Sukhwai, Corporate trainer Ph:9591171238
12	World Heart Day on	29-09-2020	40	Department of Paramedical Sciences Ph: 9926710016
13	Blood Donation Camp with Lions Club,Bhopal BHEL,	10.02.21	30	Capt. Manoj Selokar, NCC Officer, Career College, Bhopal in association with Lions Club,Bhopal BHEL Ph:9826817731

## Webinar on the topic ‘Yoga for Immunity booster’

A Webinar on the topic ‘Yoga for Immunity booster’ was organized by the Dept. of Zoology on 11<sup>th</sup> May 2021. The resource person was Swami Dr. Dixhanand Saraswati HOD of Yoga SSL Jain College, Vidisha. She had given detailed information about various “Asanas” with live presentation. The participants got benefitted from this webinar especially during these covid times.

The poster is for a webinar organized by the Department of Zoology at Career College. It features the college's NAAC A+ accreditation and 50 years of academic excellence. The webinar is on the topic 'Yoga for Immunity Booster' and is presented by Swami Dr. Dixhanand Sarswati, HOD of Yoga at S.S.L. Jain College, Vidisha. The event is scheduled for 11<sup>th</sup> May 2021 from 11.00 a.m to 12.00 p.m.

**A+** Grade By NAAC  
**CAREER COLLEGE**  
Govindpura, BHEL, Bhopal (M.P.) India  
**50** YEARS OF ACADEMIC EXCELLENCE

Department of Zoology  
organizes  
**WEBINAR**  
on  
**Yoga for Immunity Booster**

Resource Person  
**Swami Dr. Dixhanand Sarswati**  
HOD of Yoga  
S.S.L. Jain College, Vidisha

11<sup>th</sup> May 2021 11.00 a.m to 12.00 p.m.





# Career College, Bhopal

## National Yoga day

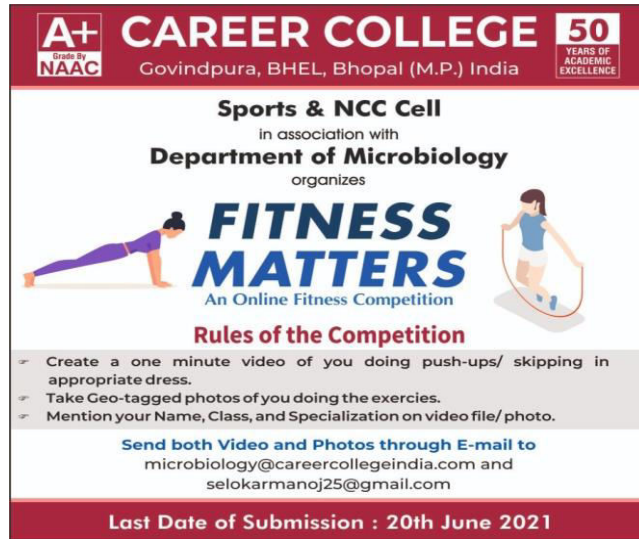
Session-2020-21

National Yoga Day was celebrated on 12-06-2021. The program was organized by NCC and Sports Cell. Capt. Manoj Selokar, Sports and NCC Officer of our college taught the students about various yogaasanas like surya namaskar , Tadasana, Trikonasana, Virabhadrasana etc and also explained on the importance of these asanas. Around 36 students participated in the event.



## Fitness Matters: An Online Fitness competition

An online fitness competition was organized for the students of Career College, Bhopal on 20-06-2021. The competition was organized by NCC Cell, Sports Cell in collaboration with Department of Microbiology. The program was titled as Fitness Matters: An Online Fitness competition. The rules of the competition were prior intimated to the participants and were judged on the basis of presentations and ease of the exercise. The students had to create a one minute video doing push-ups/skipping Around 32 students participated in the event and sent their videos for judgment.



**A+** CAREER COLLEGE **50**  
Grade by NAAC Govindpura, BHEL, Bhopal (M.P.) India YEARS OF ACADEMIC EXCELLENCE

**Sports & NCC Cell**  
in association with  
**Department of Microbiology**  
organizes

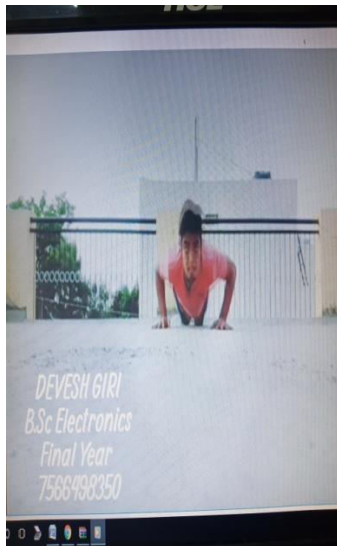
**FITNESS MATTERS**  
An Online Fitness Competition

**Rules of the Competition**

- Create a one minute video of you doing push-ups/ skipping in appropriate dress.
- Take Geo-tagged photos of you doing the exercises.
- Mention your Name, Class, and Specialization on video file/ photo.

Send both Video and Photos through E-mail to  
microbiology@careercollegeindia.com and  
selokarmanoj25@gmail.com

Last Date of Submission : 20th June 2021



**Career College, Bhopal**  
**Department of Computer Science**  
**Session 2020-21**

**Notice**

Date: 20/01/2021

This is to inform all the students that Department of Computer Science is going to organize a Value-Added Course on “Yoga” to sharpen memory, enhance concentration, and control anxiety from 21<sup>st</sup> January 2021 to 23<sup>rd</sup> January 2021 at 11:00 a.m.



**Dr. Charanjit Kaur**

Principal

Career College, Bhopal



**Mrs. Swarna Sinha**

HOD

Dept. of Computer Science

## Yoga For all: Online Yoga competition

On the occasion of International Yoga Day an online yoga competition was organized for the students of Career College, Bhopal on 21-06-2021 to 26-06-2021.

The competition was organized by NCC Cell, Sports Cell in collaboration with Department of Microbiology and Department of Commerce and Management. The program was titled as Yoga for all: An online yoga competition. The rules of the competition were prior intimated to the participants and were judged on the basis of complexity and presentation of the yoga positions. Around 27 students participated in the event.

**A+** CAREER COLLEGE **50**  
Grade By NAAC YEARS OF ACADEMIC EXCELLENCE  
Govindpura, BHEL, Bhopal (M.P.) India

Sports, NCC Cell  
in association with  
Dept. of Commerce & Mgmt. & Dept. of Microbiology  
organises

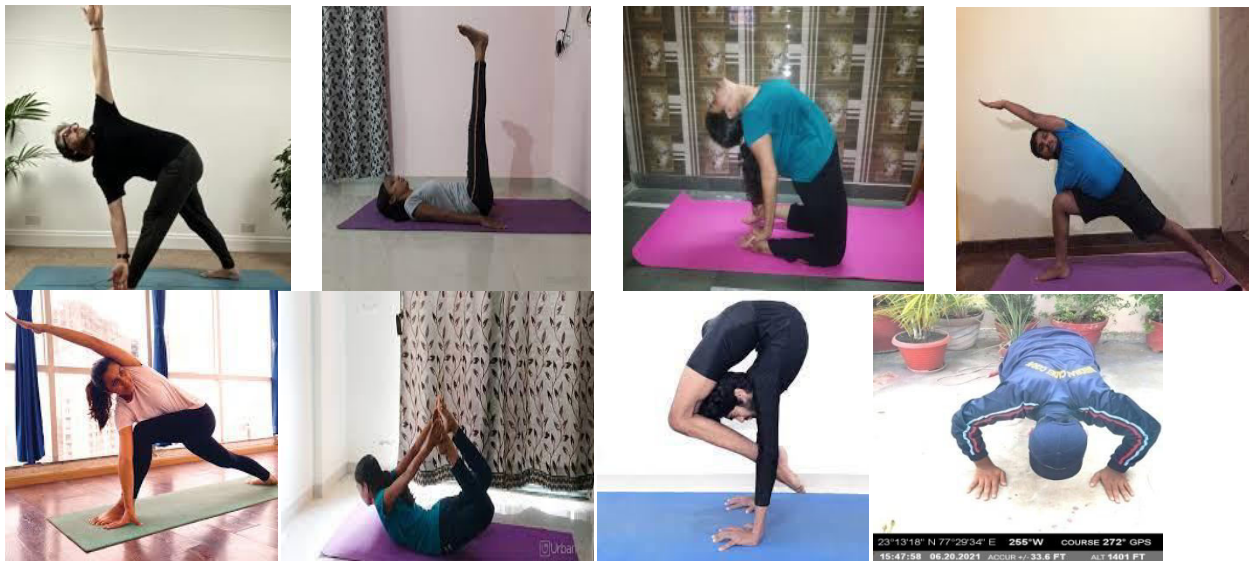
**YOGA FOR ALL**  
AN ONLINE YOGA COMPETITION  
to celebrate  
**INTERNATIONAL YOGA DAY**

**Rules of the Competition**

- Do any 5 Asanas of your choice
- Take Video & photos of you doing Asana.
- Make a collage of all the photos mentioning your Name, Class and Specialization on video/photo file.

Send both Photo & Video through E-mail to  
selokarmanoj25@gmail.com  
microbiology@careercollegeindia.com  
divy.bpl@gmail.com

Date for Submission : 21<sup>st</sup> to 26<sup>th</sup> June 2021



## Poster competition on Health and Hygiene

An online poster competition was organized for the students of Career College, Bhopal on 28-06-2021. The competition was organized by NCC Cell, Sports Cell in collaboration with Department of Microbiology and Department of Commerce and Management. The rules of the competition were prior intimated to the participants and were judged on the basis of presentations and message conveyed through the poster. The students had to submit the poster on A3 size sheet with name and class mentioned through an online registration form. Around 27 students participated in the event and sent their posters for judgment.

**A+** Grade By NAAC  
**CAREER COLLEGE**  
 Govindpura, BHEL, Bhopal (M.P.) India  
 50 YEARS OF ACADEMIC EXCELLENCE

Sports, NSS & NCC Cell  
 in association with  
 Dept. of Commerce & Mgmt. & Dept. of Microbiology  
 organises  
**Poster Competition**  
 on  
**Health & Hygiene**  
 Rules of the Competition

- Each participant can submit only one poster.
- Online registration is compulsory for each participant.
- The poster must be made on the A3 size sheet with name and class mentioned on right hand side bottom of the sheet.
- Take Geo-Tagged Photo.

Send Photo through E-mail to  
 selokarmanoj25@gmail.com  
 sharmadrneetu@gmail.com  
 divy.bpl@gmail.com

Last Date of Submission : 28<sup>th</sup> June 2021



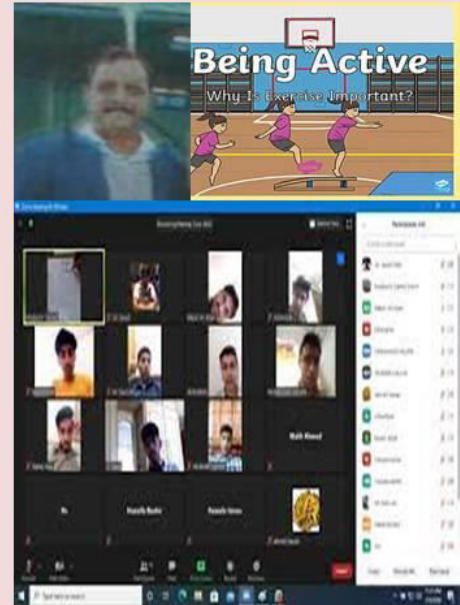
# Career College, Bhopal National Youth Day

Session-2020-21

## WEBINAR ON FITNESS AMONG YOUTH



National Youth Day was celebrated on 12-01-2021. The program was organized by NCC and Sports Cell. Capt. Manoj Selokar, Sports and NCC Officer, Career College, Bhopal delivered a lecture on the importance of fitness in these difficult times of COVID-19 era. He emphasized on regular exercise and healthy food habits among the youth in India. Around 42 students participated in the event.



## Hygenics-2020

Department of Microbiology, Career College organized a Quiz competition on the Infection and Hygiene on 17th Oct. 2020. Many students of B.Sc. and M.Sc. microbiology participated in the competition and the entries were taken through Google forms to the registered students. A total of 42 students participated in the competition. The winners of the event were:

1<sup>st</sup> Prize: Shikha Shrivastava -  
M.Sc II Sem Microbiology

2<sup>nd</sup> Prize: Punam Singh-B.Sc final Year Microbiology

3<sup>rd</sup> Prize: Neha Tiwari- B.Sc 2<sup>nd</sup> Year Microbiology

The banner for the 'Hygenics-2020' online quiz competition is divided into three main sections. The top section has a teal background with white and red text: 'Hygenics-2020' in red, 'An Online Quiz Competition on Infection and Hygiene' in white, 'Date: 17-10-2020' in white, and 'Google Quiz form link: <https://forms.gle/YaRT9Q1sjJMKhjGZ7> between 11:00-11:30 am' in white. The middle section features three panels: a word cloud on the left with 'infection' as the largest word, a central white box with 'Online Quiz Competition' in blue, and a diagram on the right illustrating hygiene practices like handwashing and showering. The bottom section is a black bar with white text: 'Organized by Department of Microbiology, Career College, Bhopal'.

## ICT/ COMPUTATION SKILLS

The closure of colleges as a result of COVID-19 has been a critical global incident from which to rethink how education works in all our countries. Among the many changes generated by this crisis, all teaching became mediated by digital technologies. Higher education systems have grown exponentially in the last few decades to meet the demands of quality education for all and the last two decades has witnessed the inclusion of ICTs for innovative teaching. Though it is a challenge to holistically integrate the technology in the management and delivery of learning programmes it has become absolutely necessary. It significantly contributes to good quality education and leads to improved student learning and better teaching methods. The introduction of ICTs in the college has had profound implications in the teaching process especially in dealing with key issues of access, equity, management, efficiency, pedagogy and quality. Every faculty is provided with a Samsung Tab and the class rooms have the necessary ICT required infrastructure for optimal usage of the ICT tools.

S.No.	Name of the program	Date	Number of Participants	Resource person/ Organizing Department/ Organizations
1	Online Training on Filing Management System	24-06-2021	158	Inhouse ( Tech. Incharge - Mr Mukesh Lonare- 9131546567
2	Spoken Tutorial Project Developed by IIT, Bombay	01-01-2021	995	Career College Super Resource centre for Spoken tutorial project by IIT Bombay, Mumbai, Maharashtra Ph:8959000333
3	Learn Speedy Maths Tricks for fast Calculation	21-01-2021 to 23-01-2021	20	Department of Computer Science, Career College, Bhopal Ph:8959000333
4.	Webinar on ABHIYUDAYA-2.0 : "IT Literacy through Open Source software"	18-02-2021	85	Department of Computer Science in association with Spoken tutorial, IIT, Bombay. Ph:8959000333



## NOTICE

Date : 19-06-2021

Looking to the present scenario, Information and Communication Technology (ICT) has become an important part of learning process for students both outside and inside the classroom setting. Considering the importance of ICT, Department has decided to conduct, virtual training on 24<sup>th</sup> June,2021 at 11:00am by Mr. Mukesh Lonare, Trainer on the topic '**Proper Management Filing System**' for all B. Com. and B.B.A.students. It's compulsory for all to attend the same.

  
( Dr. DEEPALI BEHERE )  
Head Of Department  
Commerce & Management

  
( Dr. CHARANJIT KOUR )  
Principal  
Career College, Bhopal



# Career College, Bhopal SUPER RESOURCE CENTRE



FOR

## SPOKEN TUTORIAL PROJECT by IIT Bombay

Sponsored by Ministry of Human Resource and Development, Government of India

Session:2020-21

ICT Skill Development Courses

Batches Starts from 01-01-2021



**Career College, Bhopal**  
**Department of Computer Science**  
**Session 2020-21**

**Notice**

Date: 16/01/2021

This is to inform all the students that Department of Computer Science is going to organize a Value-Added Course on “**Learn Speedy Maths Tricks for Fast Calculations**” from 21<sup>st</sup> January 2021 to 23<sup>rd</sup> January 2021 at 3:00 p.m.

  
16/1/2021

**Dr. Charanjit Kaur**  
Principal  
Career College, Bhopal



**Mrs. Swarna Sinha**  
HOD  
Dept. of Computer Science



**CAREER COLLEGE**

Govindpura, BHEL, Bhopal (M.P.) India



**CAREER COLLEGE**

GOVINDPURA, BHEL, BHOPAL  
www.careercollegeindia.com



## Abhyudaya 2.0

Department of Computer Science

in association with

Spoken Tutorial IIT Bombay

**WEBINAR**

on

**IT Literacy through  
Free Open Source  
Software**



Resource Persons

**18<sup>th</sup> February, 2021  
12:00 noon - 1:00 PM**



**Mr. Swapnil More**  
Senior Project Manager  
All India School and NGD's Training Head

**Mrs. Anita Kedare**  
Assistant Project Manager  
College Training Manager

**DEPARTMENT OF  
COMPUTER SCIENCE**

ORGANISES

**Abhyudaya 2.0**

**WEBINAR**

ON

**IT Literacy through  
Free Open Source Software**

**18<sup>th</sup> Feb 2021  
12:00 noon - 1:00 pm**



IN ASSOCIATION WITH



STUDENT REGISTRATION LINK:

<https://tinyurl.com/career-itis>

Contact : 8959000333, 8109242320, 7000212263

Email : [cs@careercollegeindia.com](mailto:cs@careercollegeindia.com)

## कॅरियर कॉलेज में अभुदय 2.0 के अंतर्गत वेबिनार



भोपाल। कॅरियर कॉलेज के कंप्यूटर डिपार्टमेंट द्वारा अभुदय 2.0 के अंतर्गत आईआईटी बॉम्बे के सहयोग से वेबिनार आयोजित किया गया। फ्री ओपन सोर्स सॉफ्टवेयर के द्वारा आईटी साक्षरता ज्ञान विषय पर आधारित इस वेबिनार में आईटी मुंबई के स्वप्निल मोरे सीनियर प्रोजेक्ट मैनेजर ऑल इंडिया स्कूल एवं एनजीओ ट्रेनिंग हेड ने सॉफ्टवेयर के बारे में जानकारी देते हुए बताया कि इस सॉफ्टवेयर में किस तरह के कोर्सेज है उन्हें कैसे उपयोग किया जाता है। साथ ही

उन्होंने यह भी कहा कि सरकारी स्कूलों के लिए यह सॉफ्टवेयर फ्री है जिसका उपयोग कर विद्यार्थी आईटी के क्षेत्र में अपना भविष्य संवार सकते हैं। स्कूली बच्चों के लिए आयोजित इस वेबिनार में प्रदेश के लगभग 25 स्कूलों से विद्यार्थी और उनके संयोजकों ने वर्चुअल माध्यम से भाग लिया। इसके साथ अनीता केदारे असिस्टेंट प्रोफेसर और कॅरियर कॉलेज के मेनटी कॉलेज ने भी सहभागिता की।