3.4.3 & 3.4.4 ISR and Extension Activities

Career College Bhopal

Green Cluster

Ankur Abhiyaan

Plantation cum Awareness Programme under directives of Govt. of M.P was organized on 03 March /22. An oath to protect trees was administered by the Principal, Dr Charanjit Kaur followed by plantation drive in the college campus. This activity was planned with the aim of making students aware. Students learned about the importance of plantation. Faculty members from different departments and students were present.



Green Cluster

Environmental Awareness cum Gender Sensitization Programme

Session: 21-22

Environmental Awareness cum Gender Sensitization Programme was organized by Green Cluster on 11 March 22. The topic of the programme was Journey of Jungle Vase: Women made Mini Jungle. Resource person was Dr Sakshi Bhardwaj, Founder Jungle vase Bhopal.

At CAREER COLLEGE



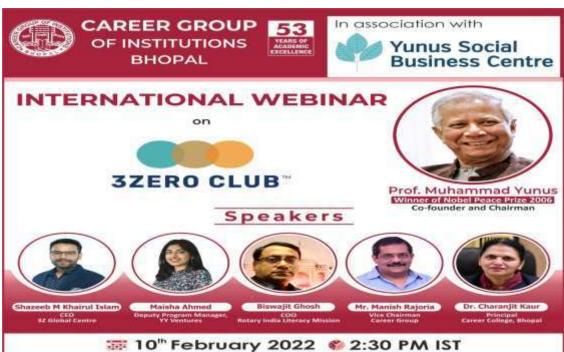
Green Cluster

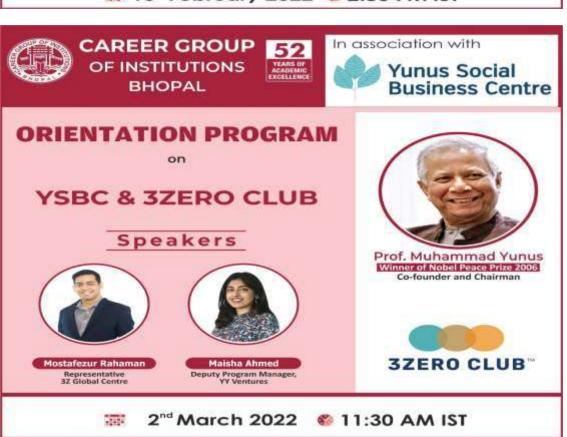
International Webinar on Social Business Design Competition

Session:21-22

International Webinar on Social Business Design Competition, Social Fiction Design Competition and Mentorship in association with Yunus Social Business Centre Bangladesh on 23 March/22. Resource Persons of the webinar were Enrico Testi, Executive Director YSBC, University of Florence, Biswajit Ghosh, COO, Rotary, India Literacy Mission. Mr. Enrico Testi elaborated about mentorship in association with Yunus Social Business Centre Bangladesh and Design Competition.







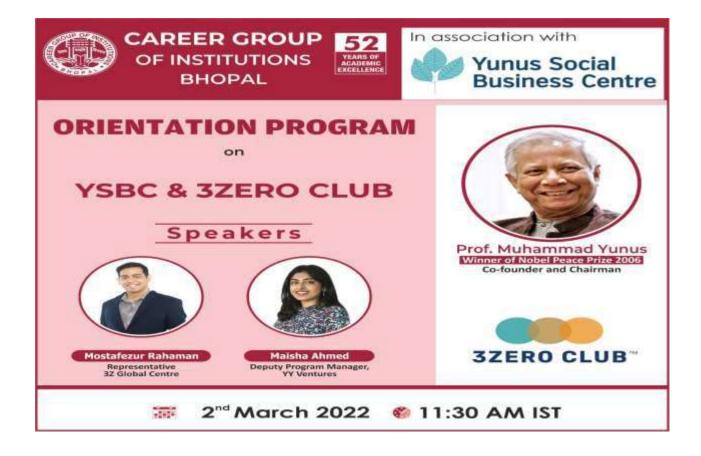
Career College

Green Cluster

Orientation Programme on YSBC and 3Zero Club

Session: 21-22

Orientation Programme on YSBC and 3Zero Club in association with Yunus Social Business Centre Bangladesh on 2 March/22. Resource Person were Mostafezur Rehman Representative 3 Z Global Centre, Maisha Ahmad Deputy Programme Manager YY Ventures. Students gained a lot from this orientation programme about YSBC and 3Zero Club. The programme was very informative and interesting.



Career College Bhopal Green Cluster

Plantation Programme in collaboration with Vishwa Ayurveda Parishad

Session: 21-22

Green Cluster organized a Plantation Programme under directives of Vishwa Ayurved Parishad on 31 August/21 at Career College Campus. An oath to protect trees was administered by the Principal, Dr Charanjit Kaur followed by plantation drive in the college campus. This activity was planned with the aim of making students aware ayurveda. Students learned about the importance of ayurvedic system of medicines. Faculty members from different departments and students were present.





Career College Bhopal Green Cluster Plantation Programme in collaboration with Guru Ravidas Vishwa Mahapeeth Session:21-22

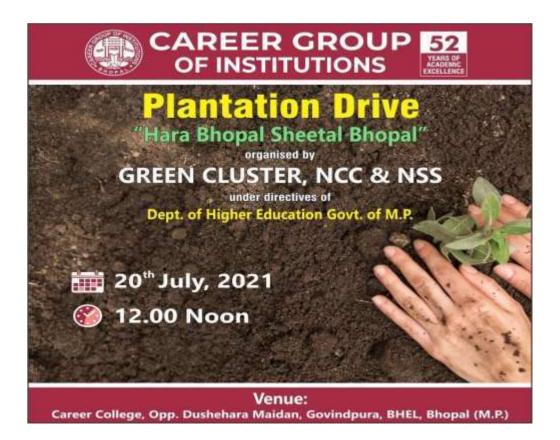
Green Cluster organized **Plantation Programmein** a collaboration with Guru Ravidas Vishwa Mahapeethon 27thSep/21 at Career College Campus. An oath to protect trees was administered by the Principal, Dr Charanjit Kaur followed by plantation drive in the college campus. This activity was planned with the aim of making students aware. Students learned about the importance of plantation. Invited Guests fromGuru Ravidas Vishwa Mahapeeth, Faculty members from different departments and students were present.











Green Cluster

Plantation Programme Capital Project Administration (CPA)

22nd June/21

Green Cluster and NSS Unit of Career College organized a Plantation Programme in collaboration with Capital Project Administration (CPA) on 22nd June/21. Faculty and students planted saplings under guidance of CPA Officers at Dusshehara Maidan BHEL Bhopal MP.





Green Cluster

Session: 21-22

Green Cluster organized a Plantation Programme (Hara Bhopal Sheetal Bhopal) in collaboration with Dept of Higher Education Govt. of India Bhopal M.P on 20 July/21 at Career College Campus in compliance with Prime minister's Swachh Bharat Abhiyaan. An oath to protect trees was administered by the Principal, Dr Charanjit Kaur followed by plantation drive in the college campus. This activity was planned with the aim of making students aware about environmental protection. Students learned about the importance of trees and how to plant them and gained a lot of knowledge from this activity. Faculty members from different departments and students were present.





Green Cluster

"The Swachh Bharat Campaign" A Positive move

Session: 21-22

Under compliance of Prime Minister "Swachh Bharat Campaign", and to contribute in the national mission for environment protection and cleanliness, Career Group of Institutions has adopted Joggers Park in Alkapuri Area Bhopal. Approx 25 students clean Joggers Park once a month and beautify it. With the motto of 'Clean India Green India' Cleanliness Campaigns were organized every month at Joggers Park and also at our College Campus.



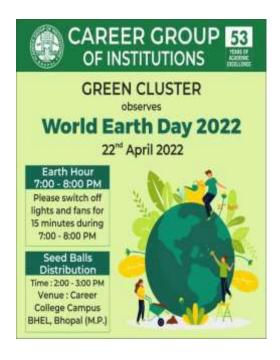


World Earth Day-2021

Green Cluster

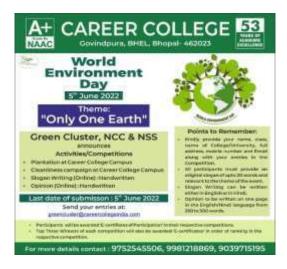
Green Cluster organized one day programme to commemorate "World Earth Day" on 22ndApril/22. Earth Hour was followed by switching lights and fans by faculty members and students in reverence of Mother Earth. Theme of "World Earth day" 2022 ie Restore our Earth was discussed with students. Students were made aware about climate change. Programme was very knowledgeable and interesting.





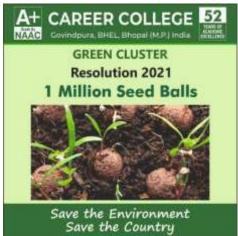
Career College Bhopal Green Cluster World environment Day-2022

World environment Day was celebrated with great zeal on 5thJune/22. Students from Career College and other Colleges participated enthusiastically. Plantation Programme followed by slogan writing competition, distribution of seed balls and opinion writing competition on only one earth were organized. Students from career college and other colleges bagged prizes.











Personality Assessment & Development Cell (PADC)

World Mental Health Day 2021

Theme Mental Health Care for all : Let's make it a reality

Chief Guest



Dr. Monica Shringirishi Assistant Professor Chrayu Medical College, Bhopal Speaker



Ms. Priya Sonpar Counteling Psychologist M.F. Palice Academy & Coses College, Bhopci

Tuesday, 12th October, 2021 (3) 11:00 am Venue: Auditorium, Career College, Bhopal 1 15

Career College, Bhopal

Personality Assessment and Development Cell (PADC)

Session: 2021-2022

Guest Lecture on "Mental Health Care for all :Lets make it's a realty"

Personality Assessment and Development Cell organised a Guest Lecture on 12 October 2021 on the topic "Mental Health Care for all Lets make it's a realty." Dr. Charanjit Kaur, Principal, Career Coffege welcomed the speaker Dr. Monica Shringirishi Asst.Prof., Chirayu Medical Coffege, Bhopal and Prya Sonpar. Councelor: She discussed with issues like personal problems faced by individuals, anger management, dealing with anxiety — social environ, stage fright, four of exams and interviews, retainonship problems, size. Mainty aims at improving the mental health of the students so as to bring shour self-improvement and healthy sovironment in the coffege amongst students.





PADC Coordinator

मूल्याकन एव विकास प्रकाष्ठ द्वारा सेमिनार का आयोजन



कररसाने का सकर। भोपाल

क्रिट्टिंग का वाकर र प्रकार कर क्रिक्ट करकारण महत्व जीवन के यो पहरणू होते हैं स्वकारण कीर अस्प्रकारण समुख् जीवन उपलिकारों से भग हुआ है और उपलिकार्य हमारे समय जारिक विकास पर निर्भे हैं इसी विकास को स्वान में रखकर हिरदर कोनिक के अधिकार मुख्यांकर एवं विकास प्रकीद हाए एक वेतियार का अधीकार मिया रथा जिसमें पुरुष्ट पास के स्व मंत्रीकर एसएस संधू हार्करेक्टर हिज्यांकर न्योगेक्स हैंटर एवं पीकेसर हिज्यांटींट और बायोगीलिकारण साहर अस्पती विकास विकास से उसी स्था उसी हमारे के उसी कारण कि स्वकारण से लिए सावनों से ज्याध हम्या हम्या सीह सीती है दस्का गरिक से हम असमी मीजार को समजारामुखें जाय कर सकते हैं हम असरर पर प्रधानों वी चरणांत्रीत और ने असिव या स्वानत करते हुए विद्यार्थिंग के जन्मकार परिचल की कामना की अंत में आसर एक्सर विकास प्रकास की असमा हो सीवार मानी जार

PADE



CAREER COLLEGE

Govindpura, BHEL, Bhopal (M.P.) India

52

Personality Assessment and Development Cell (PADC) Organizes

WEBINAR

How to be successful in life?



Prof. S.S. Sandhu

Director, Design Innovation Center & Professor Dept. of Biological Science R.D. University, Jabalpur of Children

🕮 22nd Oct 2021 🔞 12: 30 p.m.

Personality Assessment and Development Cell (PADC)

Session: 2021-2022

Webinar on "How to be successful in life"

Personality Assessment and Development Cell organised a webinar on 22 October 2021 on the topic "How to be successful in life." Dr. Charanjit Kaur, Principal, Career College welcomed the speaker of the webinar, Prof. S.S Sandhu, Director, Design Innovation Centre and Professor, Biological Sciences, R.D University, Jabalpur. According to him Success is the basic result of applying some basic principles such as goal setting, determination and the desire to success. He further added that desire is the starting point of all accomplishment and great results cannot be obtained without a strong desire. He emphasized on proper planning before commencement of any task. He discussed that motivation plays an important role in achievement of success. He also discussed the role of other factors such as discipline, mentorship, oral expressions, writing abilities, attitude etc which may help to achieve success. His lecture was very fruitful and motivational and will help the young generation to focus on their goals and incorporate his valuable suggestions to succeed in their lives.



PADC

Coordinator

"तनाव एवं समय प्रबंधन" पर आयोजित व्याख्यान



भीपाल 4 मार्च ! आज हमारा जीवन तनाव भरा हो रहा है जिसका कारण जीवन की भागदीड़ और सर्ते प्रवंधन का ना होना है उक्त बात बेरियर कॉलेज के व्यक्तित्व मूल्यांकन एवं विकास प्रकोण्ड हारा आयोजित "तनाव एवं

समय प्रशंधन" पर आयोजित ज्याख्यान में मीठिवेशनल स्पीकर, सङ्कोलीजिस्ट एवं कार्डरालर भी महेंद्र बोशी ने कही ! उन्होंने कहा कि आज हर व्यक्ति भागम भाग भरे जीवन को जी रहा है बाहे ये बच्चे हो बा बड़े ! ऐसे में हमें स्वष्टिए कि हम अपने कार्य को समयबद्ध करते हुए उसका प्रवंधन सही तौर से करें तो हम तनाव से बहुत हट तक बच सकते हैं ! आतिथि श्री महेंद्र जोशी का स्वागत कॉलेज प्राचार्थ डॉक्टर चरनजीत कौर एवं आभार डॉ भावना शर्मा द्वारा किया गया! महाविद्यालय के सभी प्राध्यापक एवं विद्यार्थीयों ने इस व्याख्यान में सहभागिता की!

6/2 1/2022

CAREER COLLEGE, BHOPAL

PERSONALITY ASSESSMENT AND DEVELOPMENT CELL (PADC)

SESSION: 2021-2022

Guest Lecture on "How to Manage Your Time and Stress Even Better"

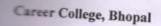
Personality assessment and Development Cell organized a webinar on 26th Feb 2022 on the less. "Now to manage your time and stress even better." Dr Charanjit Kaur, Principal, Career College welcomed the speaker of the webinar, Mr. Mahendra Joshi, Motivational Speaker, Carporate Trainer, Psychologist and Counselor. According to his views, most of the people fless in between pressure and tension as the part of life. He motivatedly spoke about time management and discussed about principle of success by resolving the tension with reievant examples of daily life. All the participants have benefitted by teoching of surroundings in association with updates and upgradation. While the delivery of fecture he has described about the attentions and relationship of energy where he had concluded about active efforts to release stress which was very much needed for the youth of today for spherical development and challenges 130 students benefitted.





PADC

Coordinator



Assessment and Development Cell (PADC)

Session: 2021-2022

Workshop on "Behavioral Skills in Communication and Vocabulary"

Stills in Communication and Vocabulary for PG & UG I Year students from 18/12/2021 in Language lab. The students learnt about all the basics of and vocabulary building which will be helpful to them in improving their areas of communication and also the ways to improve them which will help the student accommunication and also the ways to improve them which will help the student around 300 students spread over different streams of arts, science and commerce as well were benefitted by this workshop.





-PADC

Coordinator

Title: Women Health and Hygiene awareness program in Anna Nagar Slum

Date: 30 Sep 2021

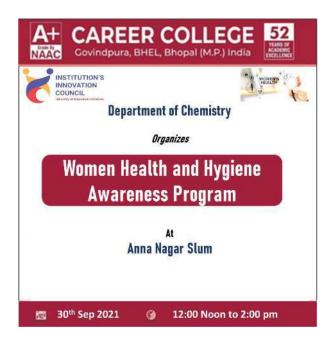
Objective: To make women aware about their health especially menstrual hygiene

Dr. Shweta Sharma and Dr. Anita Singh explained the importance of women health and hygiene.

Emphasize on use of sanitary napkin, benefits to use and ways to dispose.

Participants: Faculty members, UG and PG students and local community women (32

participants)













Title: An awareness program on the need of getting vaccinated against Covid 19 at Ekta Nagar

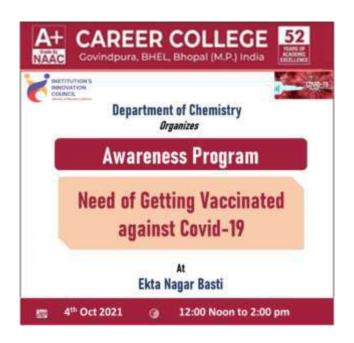
Basti

Date: 04 Oct 2021

Objective: To motivate each and every one to vaccinate themselves for safeguarding against the dreaded disease

Dr. Shweta Sharma and Dr. Anita Singh motivated the slum people to avail vaccination at the nearest centre and provided knowledge related to misconception of vaccination

Participants: Faculty members, UG and PG students and slum community people (28 participants)







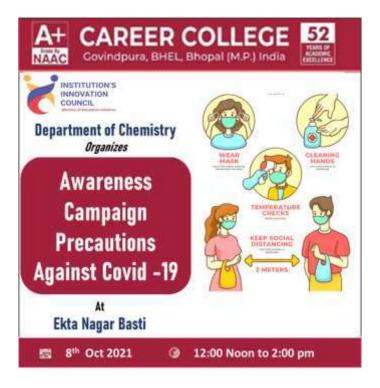
Title: Awareness Campaign on precautions against Covid 19 at Ekta Nagar Basti

Date: 08 Oct 2021

Objective: To aware maximum people to continue with safety precautions against covid 19 even after vaccination (in lieu with government-initiated awareness drives).

Faculty members from the department explained the slum community people to continue use of mask and sanitizer as precaution to avoid chances of infection.

Participants: Faculty members, UG and PG students and slum community people (23 participants)











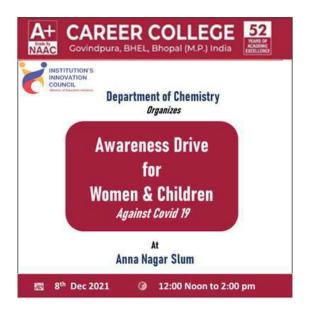
Title: ISR activity to spread awareness amongst children and women in the Anna Nagar slum area against Covid 19

Date: 8 Dec 21

Objective: To spread awareness amongst people to protect against covid 19 looking to rise in covid cases.

Faculty members prompted slum people through awareness talks and inspire them to live in hygiene along with precautionary measures to prevent themselves from the disease

Participants: Faculty members, UG and PG students (33 participants)











Title: Gender Sensitization Program (SPACE) on Gender: Beyond the Boundaries

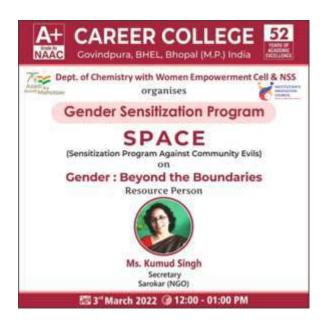
Date: 3 March 22

Objective: To aware young minds about community evils that are leading to gender inequality. Ms. Kumud Singh, spoke about various issues that are making our society gender biased. She described the need to have citizens who have high moral and ethical standards and who know about the vital role of gender Sensitization. She actually awakens our thoughts.

Students of NSS cell performed a Nukkad Natak "Meri Soch Mera Samman, Ye Hai Mera Adhikaar" which introduced the participants to various societal woes like Dowry system, discrimination on the basis of colour, caste gender etc. The seminar inspired people to introspect and eradicate the day-to-day activities that are fuelling gender inequality.

Resource Person: Ms. Kumud Singh Secretary Sarokar NGO

Participants: Faculty members, UG and PG students (169 participants)













Title: International Webinar on "Social Business Design Competition and Social Fiction Design Competition cum Mentorship Program"

Date: 23 March 22

Objective: To give a platform to young minds and their revolutionary business ideas that can change the world in an environment friendly way.

The webinar was organized in collaboration with YSBC and 3 zero club, Bangladesh. Dr. Enrico Testi, Executive Director, YSBC (University of Florence) was the key resource person who explained exclusively about 'Ecosystem for social innovation and achieving 3 zero mission'. Participants from Bangladesh, Nepal, South Africa, YSBC Mizoram, YSBC Sharda University Noida were there to relish and understand Social innovation.

Resource Person: Dr. Enrica Testi, Executive Director ARCO (Action Research for CO-development), Director, Yunus Social Business Centre University of Florence; Mostafezur Rahaman, Representative, 3Z Global Centre; Maisha Ahmed, Deputy Program Manager, YY Ventures; Biswajit Ghosh, COO, Rotary India Literacy Mission

Participants: Faculty members, PG students and Research Scholars (around 188)



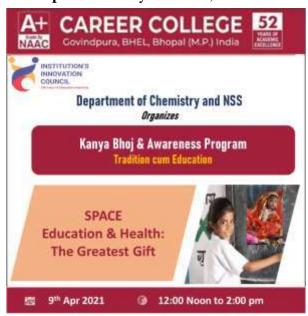


Title: "Kanya Bhoj and Awareness Program for Hygiene and Sports"

Date: 9 April 22

Objective: To conserve our traditional ceremonies with emphasis on individual development. Faculty members have briefed the slum girls about their health, hygiene and importance of education.

Participants: Faculty members, PG students and slum children (around 80)















Department of Computer Science

Session 2021-22

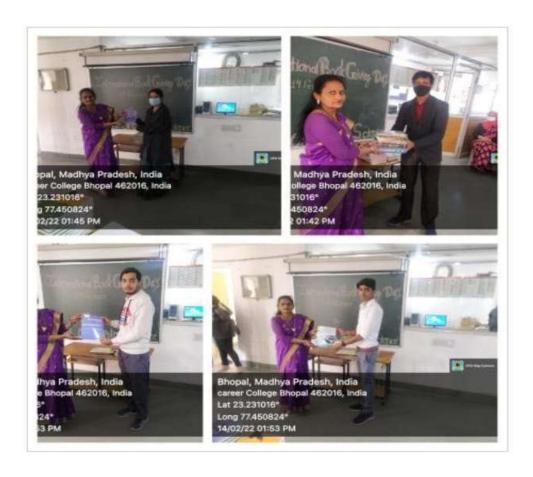
Report

International Book Giving Day

Department of Computer Science has celebrated "International Book Giving day" on 14th February, 2022 to spread cheer through books at Career College, Bhopal. The purpose of celebrating this day is to help the needy students of the society by creating awareness among the students.

The session was coordinated by Mrs.Jyotsna Kanungo, Department of Computer Science. It was attended by the staff members and the students of the college.

Vote of thanks was given by Mrs. Swarna Sinha, HOD, and Department of Computer Science.



Computer Science Department

Career College, Bhopal

Session 2021-22

Report of Awareness Program on Cleanliness

A cleanliness awareness campaign program was organized in Government Secondary School Govindpura Bhopal by the Computer Department of Career College on 23-02-2022. In which the importance of cleanliness was explained to the students through various activities. Dr. Rupali Vishwakarma of the department welcomed the principal of the school, Mr. Sunil Kumar Srivastava, and motivated the students to engage in social activities. On the other hand, Professor RoopKishori Sharma of the department while telling the important points related to cleanliness to the students said that we should take care of cleanliness not only in our house but also in our school around our house. If possible, we should try to plant more and more trees, which is a worthwhile initiative in our environment protection. In this program, the importance of cleanliness was explained to the students through animation videos explaining the process of hand washing in an experimental manner. Asad Khan, Garima Singh, Priyanshi Sharma, Aman Zaria played an important role in the cleanliness camp, mainly as student volunteers.



Department of Computer Science

Session-21-22

National Science Day Celebration

Bhopal 28 February 2022

"National Science Day" was celebrated by Computer Science Department of Career College in collaboration with IIC. There were various competitions organized like Battle of Brilliant Minds (Quiz Competition) and Know Your Scientist. Objective of the event was to aware the children about the importance and noteworthy contribution of science in daily life and the discovery of the scientist. Two activities organized by the department. A quiz competition "Battle of Brilliant minds" and a competition. "Know your Scientist".

The Battle of Brilliant minds competition has four phases, in first round, photographs of the scientists were shown and asked students to recognize their names and in second round, student were recognized scientist's name by their voice. Third round was subjective questionnaire and in the lastround, questions were asked from general knowledge, which was related to the inventions and the name of scientists. In which the students showed their intelligence by passing all the rounds. Honorable Dr. Rajiv Jain, HOD, Career College of Law, and Honorable Professor PK Gupta were in jury. By the decision of jury, in the quiz competition, Rajkumar Kewat, Ankit Pillai bagged first position and Alexiya, Ritu Jatav were on second position and the third position was bagged by Akash Tiwari and Zainab Siddiqui. In "know Your Scientist" Competition ,Karishma Solanki bagged first position , and Anand Mohan got second position and Ankit Barole got third position. This event coordinated by Dr. Niketa Persai, and Dr.Romsha Sharma, Student coordinators are Sandesh Gour (B.Sc.- I Year CS) and Nandlal Papel (B.Sc.II Year Maths). On this occasion, all the professors of the department of Computer Science and Head of Department, Professor Swarna Sinha were present. And Honorable Principal Dr. Charanjit Kaur, blessed all the students and













Department of Computer Science

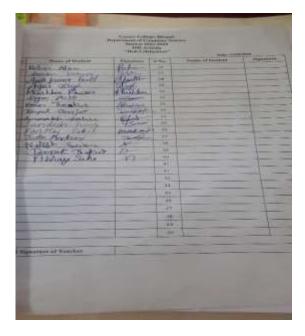
Session-21-22

Holi celebration Report

Department of Computer Science celebrated holi by the distribution of gulal at Ekta Nagar Slum on 17/03/2022. Objective of the activity was not only to introduce our culutre but spread awaereness among children to save water during holi celebration also. Students also learnt how to celebrate holi with minimal use of water.. 25 children, 15 students and 6 faculty members were present there.







ISR activity in association with NSS at adopted village Shahpur, Bhopal on 29/01/2022 Objectives:

- 1. To provide firsthand knowledge about the village life and the problems faced by villagers.
- 2. To create awareness in the villagers with the help of the students about various diseases and how they can be prevented and cured.
- 3. To do a general medical checkup of the villagers included blood pressure, blood sugar etc.
- 4. To distribute protection material like masks and sanitizers to the villagers to fight against corona.
- 6 Faculties & 26 students of Dept. of Zoology, Dept. of Commerce, NSS unit and Career College of Nursing participated in the camp.



Key Outcomes:

The main focus of the camp was to do survey & health check up of the villagers. It covered their complete basic body checkup of blood sugar, blood pressure & body weight. Total 38 students with 6 faculty members visited the village & distributed Masks & sanitizers and spread knowledge & awareness about Covid-19.Patwari & Sarpanch of the village appreciated the efforts of our students & offered to adopt two more villages coming under them.

Paramedical Department

Career College, Bhopal

World Heart Day

Report

Date: 29.09.2021

Good health is not something we can buy, however it can be an extremely valuable saving account. Career college of Nursing and Department of Paramedical sciences celebrated World heart day on theme - USE HEART TO CONNECT WITH YOUR HEART. College organized health camp and awareness program. Hemoglobin estimation, weight and blood pressure monitoring, cardio exercises and physical assessment were done by students. Health dialogue was delivered to create awareness on cardiac disease and diet among the group. 52 beneficiaries took the benefit of the camp.









CAREER[®] COLLEGE



National Cadet Corp Activity Report

Session 2021-22



कारगिल विजय दिवस जागरूकता रैली रिपोर्ट सत्र — 2021—22

26 जुलाई 2021 को कॉलेज की एनसीसी इकाई द्वारा कारगिल विजय दिवस के अवसर पर जनसमूह को कारगिल विजय दिवस का महत्व बताने के लिये जागरूकता रैली का आयोजन किया गया। जिसमें लगभग एनसीसी के 16 केडिटों ने भाग लिया तथा नारे एवं स्लोगनो के सहयोग से जन समूह को जागरूक किया। एनसीसी की इस पहल पर कॉलेज की प्राचार्य डॉ. चरनजीत कौर ने एनसीसी केडिटों की सराहना की और इस तरह के कार्यक्रम करते रहने के लिये प्रेरित किया।





मूर्ति सफाई अभियान रिपोर्ट सत्र – 2021–22

13 अगस्त 2021 को कॉलेज की एनसीसी इकाई द्वारा मूर्ति सफाई अभियान 4 एम.पी. बटालियन के आदेशानुसार और कॉलेज की प्राचार्य डॉ. चरनजीत कौर के मार्गदर्शन में तथा केप्टन मनोज सेलोकर के प्रतिनिधित्व में एनसीसी के 20 केडिटों ने भेल स्पोर्टस काम्पलेक्स के सामने बने सद्भावना चौक की सफाई की जिम्मेदारी उठाई और सफाई करते हुये जनसमूह को संदेश दिया कि इस तरह की मूर्ति सफाई अभियान चलाते रहना चाहिये ताकि मूर्तियों का रखरखाव सही ढंग से हो पायें। एनसीसी कर इस गतिविधि पर कॉलेज की प्राचार्य डॉ. चरनजीत कौर ने बहुत सराहना की।





स्वतंत्रता दिवस समारोह रिपोर्ट सत्र — 2021—22

15 अगस्त 2021 को स्वतंत्रता दिवस राष्ट्रीय पर्व पर कॉलेज की एनसीसी इकाई एवं समस्त कॉलेज के समस्त विभागों के सामुहिक सहयोग से स्वतंत्रता दिवस मनाया गया, एनसीसी के 31 केडिट्स द्वारा गार्ड ऑफ ऑनर और ड्रिल का प्रदर्शन किया गया। इस अवसर पर कॉलेज के अध्यक्ष श्री विष्णु राजोरिया जी ने सभी को सम्बोधित किया, तथा अन्य विभागों के विद्यार्थियों ने भी सांस्कृतिक कार्यक्रम का प्रदर्शन किया कार्यक्रम के अंत में सभी को मिष्टान वितरित किया गया।





वेक्सिन के प्रति जागरूकता एवं सहयोग रिपोर्ट सत्र — 2021—22

25 एवं 26 अगस्त 2021 को कॉलेज की एन.सी.सी. इकाई द्वारा कॅरियर हास्पीटल में लगने वाली कोविड वेक्सिन लगाने में एन.सी.सी. के केडिट द्वारा सहयोग प्रदान किया गया। केडिटों ने लोगों को वेक्सिन लगाने के प्रोत्साहित किया और दोनों ही दिन वेकिसन लगाने आने वाले लोगों को सही दिशा निर्देश दिये और इस गतिविधि में एन.सी.सी. 21 केडिटों ने भरपूर सहयोग दिया। कॉलेज की प्राचार्य ने डॉ. चरनजीत कौर ने एन.सी.सी. की इस गतिविधि के आयोजन पर केडिटों की सराहना की और इस पुनित कार्य में सभी को भाग लेने के लिये आव्हान किया।





वृक्षारोपण रिपोर्ट सत्र — 2021—22

31 अगस्त 2021 को कॉलेज की एन.सी.सी., एन.एस.एस. इकाई एवं ग्रीन क्लस्टर तथा विश्व आयुर्वेद परिषद् के सामुहिक सहयोग से कॅरियर कॉलेज प्रांगण में औषधी पौधों का रोपण किया गया, कॉलेज के अध्यक्ष श्री विष्णु राजोरिया जी भी कार्यक्रम में उपस्थित हुये तथा प्रतिभागियों को आशीर्चवन से सम्बोधित किया और कहा कि आज के समय की जरूरत है। इस पुनित कार्य में सभी को मिलजुलकर आगे आना चाहिये और वृक्ष लगाकर पर्यावरण को संतुलित बनाना चाहिये। इस कार्यक्रम में सभी विभागों के विद्यार्थी एवं प्राध्यापकों ने वृक्ष लगायें। इस कार्यक्रम को सफल बनाने में एन.सीसी के 15 केडिटों ने महत्वपूर्ण योगदान दिया। कॉलेज की प्राचार्य एवं सभी विभागों के विभागाध्यक्षों ने वृक्ष लगाकर अपना सहयोग दिया।



इको फ्रेंडली गणेश प्रशिक्षण रिपोर्ट सत्र — 2021—22

04 सितम्बर 2021 को कॉलेज की एन.सी.सी., एन.एस.एस. इकाई एवं ग्रीन क्लस्टर के द्वारा पर्यावरण नियोजन एवं समन्वय संगठन (एप्को) भोपाल के संयुक्त तत्वावधान में इको फ्रेंडली गणेश मूर्ति निर्माण का प्रशिक्षण एप्को परिसर में किया गया। इसमें लगभग 9 विद्यार्थी एवं 1 अधिकारी ने प्रशिक्षण प्राप्त किया। एप्को के प्रशिक्षकों ने विद्यार्थियों को एवं प्रशिक्षण प्राप्त करने वाले आये एनजीओं के कार्यकर्ताओं को प्रशिक्षण दिया और बनी हुई मूर्ति को अपने हाथों से रंग करना सिखाया तथा मूर्तियों को अपने साथ ले जाने के लिये कहा। इस गतिविधि के आयोजन की प्राचार्य डॉ. चरनजीत कौर ने विद्यार्थियों एवं ए प्को के प्रशिक्षकों को शुभकामना दी और कहा कि इस तरह की गतिविधियाँ एवं आयोजन करते रहे हमारा कॉलेज हमेशा सहयोग प्रदान करता रहेगा।





रक्तदान शिविर रिपोर्ट सत्र — 2021—22

दिनांक 28.12.2021 को कॅरियर कॉलेज की एन.सी.सी. एवं एन.एस.एस. इकाई एवं भोपाल ब्लड बैंक (बीएमएचआरसी) के सहयोग से रक्तदान शिविर का आयोजन किया गया। जिसमें लगभग 44 लोगों ने अपना पंजीयन कराकर सहयोग प्राप्त किया और 25 युनिट रक्त एकत्रित किया गया जिसमें एन.सी.सी. के 6 केडिटों ने रक्तदान कर इस पुनित कार्य में सहयोग प्रदान किया। कॉलेज की प्राचार्य डॉ. चरनजीत कौर ने विद्यार्थियों को प्रोत्साहित करते हुये कहा कि रक्तदान एक महादान है जिसे हमें समय समय पर करते रहना चाहिये जिसे हमारे शरीर में भी नये रक्त का निर्माण होते रहता है। मानव शरीर ही है जिसमें रक्त का निर्माण होता है, फैक्ट्रीयों या कृत्रिम रूप से इसका निर्माण हीं किया जा सकता है, अतः एक स्वस्थ व्यक्ति को रक्तदान करते रहना चाहिये।





राष्ट्रीय युवा दिवस रिपोर्ट सत्र — 2021—22

दिनांक 12.01.2022 को कॅरियर कॉलेज की एन.सी.सी. एवं समस्त विभागों के सहयोग से विवेकानन्द जयंति जो राष्ट्रीय युवा दिवस के रूप में मनाया जाता है। इस अवसर पर कॉलेज सभागार में सामुहिक सूर्य नमस्कार का आयोजन किया गया जिसमें एनसीसी के 20 केडिट तथा अन्य विभागों एवं प्राध्यापकों ने सामुहिक सूर्य नमस्कार करके इस कार्यक्रम को सफल बनाया। कॉलेज की प्राचार्य डॉ. चरनजीत कौर ने कहा कि सूर्य नमस्कार एक सम्पूर्ण व्यायाम है। इससे अपने दैनिक जीवन में स्थान देना चाहिये तथा इस तरह की गतिविधि में सहयोग प्रदान करना चाहिये।



राष्ट्रीय मतदाता दिवस रिपोर्ट सत्र — 2021—22

दिनांक 25.01.2022 को राष्ट्रीय मतदाता दिवस के रूप में मनाया जाता है इस अवसर पर कॉलेज में एन.सी.सी. एवं एन.एस. एस. इकाई द्वारा सभी विभागों के छात्रों एवं प्राध्यापकों को मतदाता शपथ ग्रहण कराई गई। इस गतिविधि में एन.सी.सी. के 18 केडिटों ने अपना सहयोग प्रदान किया और कार्यक्रम को सफल बनाया तथा हमारे प्राचार्य ने कहा कि सभी युवाओं को अपने मतदान का प्रयोग करना चाहिये। कॉलेज की प्राचार्य डॉ. चरनजीत कौर ने कहा कि मतदान का सभी युवाओं को प्रयोग करना चाहिये और लोकतंत्र में अपना सहयोग करना चाहिये तथा सभी को मतदान के प्रति जागरूक करना चाहिये।





गणतंत्र दिवस रिपोर्ट सत्र — 2021—22

दिनांक 26.01.2022 को गणतंत्र दिवस राष्ट्रीय पर्व के उपलक्ष्य में कॅरियर कॉलेज के एनसी.सी. इकाई के द्वारा एवं समस्त विभागों के सामुहिक सहयोग से बनाया गया इस राष्ट्रीय पर्व मनाया गया। इस अवसर पर एन.सी.सी. के 25 केडिटों ने मार्च फास्ट का प्रदर्शन किया तथा कई देशभिक्त गीतों की प्रस्तुति दी एवं अन्य विभागों के विद्यार्थियों ने भी अपनी प्रस्तुतियाँ दी। कॉलेज के उपाध्यक्ष, प्राचार्य एवं वरिष्ठ प्राध्यापकों ने विद्यार्थियों को सम्बोधित किया एवं देश के प्रति अपने कर्तव्यों का निर्वाहण करने के लिये आव्हान किया लोकतंत्र एवं गणतंत्र दिवस पर प्रकाश डालते हुये महत्वपूर्ण जानकारीयां दी।





बसन्त पंचमी आयोजन रिपोर्ट सत्र – 2021–22

दिनांक 05.02.2022 को बसन्त पंचमी पर्व के उपलक्ष्य में कॅरियर कॉलेज के एनसी.सी. एवं एन.एस.एस. इकाई द्वारा एवं वाणिज्य एवं प्रबंन्ध विभाग के सामुहिक सहयोग से बसन्त पंचमी का आयोजन एकता नगर झुग्गी बस्ती में कराया गया। इसमें विद्यार्थियों द्वारा किताब, कॉपी, पेन, पेन्सील आदि बच्चों को वितरित किया गया। इस गतिविधि में एन.सी.सी. के 15 केडिटों सिहत 56 विद्यार्थियों ने भाग लिया तथा अन्नाशेष वेलफेअर सोसायटी एनजीओ तथा पैथालॉजी साथ मिलकर स्वास्थय प्रशिक्षण शिविर का आयोजन तथा एकता नगर के वासियों ने भरपूर सहयोग प्रदान कर कार्यक्रम को सफल बनाया। इस पावन पर्व पर डॉ. चरनजीत कौर ने बहुत सराहना की ।





अंतर्राष्ट्रीय योग दिवस रिपोर्ट सत्र — 2021—22

दिनांक 21.06.2022 को अंतर्राष्ट्रीय योग दिवस के अवसर पर कॉलेज के एन.सी.सी. एवं एन.एस.एस. इकाई तथा समस्त विभागों के सामुहिक सहयोग से कॉलेज आडिटोरियम में योग तथा सूर्य नमस्कार का आयोजन किया गया। इस अवसर पर प्राचार्य डॉ. चरनजीत कौर ने कहा कि योग को अपने दैनिक जीवन में भाग बनाना अति अवश्यक है तथा योग के सहयोग से स्वस्थ रहने में सहयोग प्रदान होता है। इस कार्यक्रम में एन.सी.सी. के केडिटों सहित 66 विद्यार्थियों ने अपना सहयोग प्रदान किया और कार्यक्रम को सफल बनाया।





एन.सी.सी. अधिकारी कॅरियर कॉलेज, भोपाल

प्राचाय कॅरियर कॉलेज, भोपाल

NSS Report 2021-22



1) Avyukta NGO and NSS cell in Association with Department of Commerce and Management organized a guest lecture on Career Prospects Post Pandemic on 17.12.2021.Mr. Sudhir Pandey sr. Lecturer from University of Lucknow was the expert for the session.



2)The NSS and NCC unit of Career College, Bhopal Jointly organized a Blood Donation Camp on 28.12.2021 in association with Bhopal Blood Bank. Mr. Ahmad Ishtiyaq with his team came to the campus for blood donation. In all total 42 units of blood is donated and Bhopal blood bank appreciated Career college for the Nobel cause.



3)The NSS unit organized vaccination Drive under the theme of MahaTikakaran Abhiyan at college campus on 23.08.21. In this volunteers motivated people to do vaccination .In all total 21 volunteers along with NSS officer participated in the drive.



4) The NSS volunteers started a campaign against Corona virus during 19.07.2021. Volunteers distributed Mask and requested to the local people to keep the distance of two feet.



5) The NSS unit in association with Election commission of India organized a program on the theme My Vote My Future on 30.03.2022. In this two competition were held one is slogan writing competition and poster making competition.



6) The NSS unit organize a Guest Lecture cum expert talk on human rights in the college auditorium. The date of the event was 24.07.21 Expert Talk on Women Rights



7) NSS Volunteer Ashish Patel Participated in plantation drive organized by M.P. Government under the theme of Hara Bhopal Sheetal Bhopal.



8) NSS Volunteers Participated in the closing Ceremony of Swachh Bharat Abhiyan at Nehru Yuva Kendra, Bhopal on 31.10.21.



9) The NSS unit of the college organized a One Day camp at Adopted village Shahpur on 06.09.2021. In which volunteers explained the villagers about the importance of YOGA. And explained the women the importance of Healthy diet.



10) The NSS volunteers presented a Nukkad Natak on the Occasion of Human Rights Day 10.12.2021 in the college auditorium.



11) The NSS unit of the college in association with Ayurvigyan Parishad, NCC and Green cluster organized a Plantation on 20.07.2021. under the theme of Hara Bhopal Sheetal Bhopal.



12) The NSS unit in association with Green cluster Cell and NCC organized a Plantation Drive on 05 June 2022. In which total 19 volunteers participated.



13) The NSS unit organized a Radium Strip Pasting Drive on 24.09.2021. Aim of this activity is to protect roadside animals from accidents.



14) NSS volunteers in association with Annashesh NGO regularly went to teach the under privileged children of Ekta Nagar. Under the theme Sab Padhe Sab Badhe.



14) The NSS Unit in association with lions club Donated a Sewing Machine at Anganbadi of Adopted Village Shahpur in Association with Lions Club.



15)On the eve of Basant Panchami on 05.02.2022 the NSS,NCC, Department of Commerce and Management and Annashesh NGO jointly organized a stationary distribution drive in Ekta Nagar slum area. After distribution of stationary items physiotherapy deptt. Conducted a health checkup camp where NSS volunteers helped them.



16) The NSS unit organized job oriented training program for widows and divorcee ladies of slum area on 24.02.22. In this program different job available in the market for them were discussed.



17) on 21.05.2022 NSS volunteers of career College, Bhopal given the B certificate exam in the college campus. total 93 volunteers were present here for the exam.



18) On the theme of Swasth Yuva Swasth Samaj the NSS cell in association with NCC organized 06 day yoga camp in the college auditorium . in which Dr. Kalpana Jain was the trainer. She explained the importance of yoga in our daily life and taught different Asanas.



19) College Management honored the best volunteers award to five NSS volunteers in annual function.



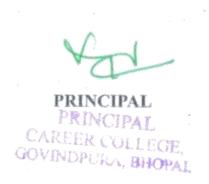
20) On the occasion of Amrit Mahotsav on 25.01.22 the NSS cell organized an activity named "Veer Gatha Gayan" in the college Campus. NSS volunteers spoke on different freedom fighters on that day.



21) Career College adopted village Shahpur for the purpose of social work on 29.01.2022.and a survey was done by the volunteers.



22) On 25.01.2022 on the occasion of Rashriya Matdata Diwas the NSS unit organized an oath taking ceremony in the college campus. Volunteers took oath to do the voting.



Women empowerment Cell

Gender equality today for a sustainable tomorrow'

Literacy teaching and learning in the COVID-19 crisis and beyond'

The pandemic and its consequences have exacerbated already-existing disparities in access to meaningful literacy learning opportunities, affecting illiterate children and adults. They are more vulnerable in managing their health, career, and life when they have poor or no reading and writing skills. WEC organized a one day digital literacy program for the women's of God Gram Shapur village to make them more digitally skilled. Digital access helps women refine vocational skills (agriculture, cooking, beautician training etc.), improve financial literacy, keep up with government programs that benefit their families, and learn about nutrition.



Digital literacy Awareness Program for house wives of Shapur Village

Poshan Ahar Jagrukta abhiyan:

A nutrition-rich diet is necessary for the complete development of children. Deficiency of essential nutrients results to malnutrition, which leads to many diseases and disorders. Thus the WEC launched the **Poshan Ahar Jagrukta abhiyan**, to end the fight against malnutrition and create awareness related to the nutrition-rich food among the children of God Gram Shahpur village on 11/09/2021.



Distribution of fruits to the students of primary school of Shapur village

Yoga se Bharat Rog Mukt Hoga (Yoga Awareness Program)

The COVID-19 pandemic has increased stress and anxiety among people. Illness and isolation are affecting not only the health of the patient but also the emotional health and even the health of his/her family members. Yoga helps in dealing with these types of issues. It helps us to create psycho-physical health, emotional harmony; and manages daily stress and its consequences.



WEC organized one day Yoga awareness program for the children of God Gram Shapur village on 11/09/2021

PCOS awareness program for adolescent girls of God Gram Shapur on 11/09/2021:

September is marked PCOS Awareness Month. PCOS stands for polycystic ovary syndrome - a disorder which all women should be aware of, especially as soon as their teenage years begin. Polycystic ovary syndrome (PCOS) is not only a matter of concern for women of the reproductive age group but even for young teens. Currently, a large number of young teens are getting diagnosed

with PCOS due to sedentary lifestyles. WEC organized a PCOS awareness program for the middle school and high school girls of Shapur Village. Many girls had queries regarding periods date, pain, delay of periods, obesity etc. which the members of WEC deal with by giving appropriate solutions. The students even pledged to lead a healthy life.



AIDS Awareness Program:

HIV and AIDS is a leading cause of death among women of reproductive age and the leading cause of death in adolescent girls and women aged 15-49 years globally. On the occasion of World AIDS Day, WEC organized Poster and slogan competition on the theme 'End inequalities and End AIDS' on 1st December 2021. Around 40 students participated in the event. The Judge of this event was **Professor Charanjit Kaur**, Principal, Career College, Bhopal and highly appreciated the students and the faculties for taking the initiative to promote AIDS awareness among the masses.



AIDS Awareness program on End inequalities and End AIDS

Girl Child Day:

Again tough time was arrived, Covid 19 third outbreaks was, most of the students were get back to their home and classes were conducting online. To release the fear of pandemic creatively, WEC and Dept. of Biotechnology and Biochemistry organized online poster and 1 min video competition on the occasion of 'National Girl Child Day'. Theme for the competition is 'Empowering women for better tomorrow'. Students had to upload image of their respective posters on Google form link on 24th January 2022 between 11 AM to 5 PM, link for uploading posters was sent on their respective class What's - app group.

Deepak Pandit and Vaishnavi Sharma won the first prize, Khushi Setpalani and Smrity Kumar won the second prize and Sneha Chouhan won the 3rd prize in online poster making competition on the occasion of 'Girl Child Day'. Whereas Pratayashi Noel won the first prize in video making competition.









Gender: Beyond the boundaries

Women Empowerment Cell in association with Dept. of Chemistry and NSS organized a Gender Sensitization Program on 'Gender: Beyond the boundaries'. The aim of the program was to aware young minds about community evils that are leading to gender inequality. Ms. Kumud Singh, Secretary of Sarokar NGO, Bhopal was the keynote speaker. She explained importance of gender Sensitization in India. Around 120 participants benefitted by the program. Students of NSS cell performed a Nukkad Natak 'Meri Soch Mera Samman, Ye Hai Mera Adhikaar'.



Gender Beyond the Boundaries

Expert Talk in 'Women's Rights

On 5th March, 2022, Women Empowerment Cell and NSS of Career College, with Young Indians organized a Gender sensitization program on Women's Rights. Ms. Anjali Goyal (CA) and Shri Om Shanker Shrivastava (Advocate) was the resource person. Ms. Anjali Goyal spoke about the need of awareness about women rights. Mr. Om Shankar Shrivastava explained Article 15, 14, 16 (breaking the bias), 39 (equality for gender), 42 (maternity relief), 51(duty for dignity), 243 (reservation for women). All the faculty members and more than 100 students got benefited from the program.



Expert Talk on Women Rights by Ms. Anjali Goyal (CA) and Shri Om Shanker Shrivastava (Advocate)

My story - motivational session by successful woman innovator:

Entrepreneurship and building enterprises are the need of the hour. This in the best way to enhance the growth and development of the nations as well as to augment national economy. On the occasion of International Women's day (Month) WEC organized a 'Gender equality today for a sustainable tomorrow'.

Sub theme of the program is 'My story - motivational session by successful innovators'. Mrs. Shweta Sisodia, Managing Director, Skin Ethics (formally known as Ved Shunya) was the resource person for the program. Shweta is an alumini student; she did M.Sc in Biotechnology from Career College (2006-08 batches). Recently she was awarded by Foxclues India for Top 100 Women Icon Awards, 2021.

She motivated all the aspiring students and faculty towards entrepreneurship. More than was 100 students and faculty were benefited by the program.



Mrs. Shweta Sisodiya, Managing Director Skin Ethics, Indore delivered her talk on 'My story - motivational session by successful woman innovator'

It was a very informative and interactive session. She covered all the aspects of entrepreneurship, how to thing big and meaningful, traits required for entrepreneurs, tips for success and of course his experience (ups and downs) he faced in the business.

Women's Day Celebration

On the occasion of International Women's Day, Women Empowerment Cell, celebrated womanhood in association with Punjabi Sahitya Academy. Ms. Neeru Singh (Giani), (Director, Punjabi Sahitya Academy) delivered the welcome address.



Felicitation of Women by Punjabi Sahitya Academy

Theme of the program were introduce by Dr. Charanjit Kaur (Principal, Career College, Bhopal), Dr. Swaranjit Kaur (General Secretary, MP & CG, Kendriya Sikh Stree Sabha) delivered her lecture on Bibi Rup Kaur, Ms. Surjit Kaur (Principal, Gurunanak Public School Eidgah Hills, Bhopal) discussed about the role of the last queen of Sikh Empire, Maharani Jind Kaur, in Indian history. Technical session was followed by felicitation of the women achievers of MP.



Celebrated womanhood by mesmerizing Giddha

Beautiful Giddha folk dance was performed by the women and girls of Punjabi Sahita academy. Around 180 Female participants were benefited by the program.

Mothers Day Celebration

On the occasion of Mothers Day **Women Empowerment Cell** by sowing seed with your mother. Students participated very enthusiastically with their respective mothers. They pledged to take care of the plant life time as a token of love and respect for mother.

