

4.1 Extension Activity		
Activity Name	Department/Cell	Scheme
Women Health and Hygiene awareness program in Anna Nagar Slum on 30/09/2021	Department of Chemistry in association with WEC	Menstrual Hygiene Scheme (MHS)
An awareness program on the need of getting vaccinated against Covid 19 at Ekta Nagar Basti on 04/10/2021	Department of Chemistry	Covid Awareness
Awareness Campaign on precautions against Covid 19 at Ekta Nagar Basti on 08/10/21	Department of Chemistry	Covid Awareness
ISR activity to spread awareness amongst children and women in the Anna Nagar slum area against Covid 19 on 08/12/21	Department of Chemistry	Covid Awareness
Gender Sensitization Program (SPACE) on Gender: Beyond the Boundaries on 03/03/2022	Department of Chemistry Sarokar NGO in association with WEC	Gender sensitization Program
International Webinar on “Social Business Design Competition and Social Fiction Design Competition cum Mentorship Program” on 23/03/2022	Department of Chemistry/YCBC & 3 ZERO Club Bangladesh	Social Business
“Kanya Bhoj and Awareness Program for Hygiene and Sports” on 09/04/22	Department of Chemistry	Swastha Bharat
Visit to old age home (Apna Ghar)	Department of Botany	ISR
(Seed Ball Distribution) on World Environment Day	Department of Botany	ISR
Holi Celebration	Dept.of Computer Science,	Save water
Cleanliness awareness Program	Dept.of Computer Science, Govt.Middle School,Bhopal	Cleanliness Drive
Life Skill Yoga	Physiotherapy Dept.	Health Awareness
Book donation	Dept.of Computer Science,	Life Skill
World Environment Day celebrated on 05/06/21	Green Cluster	National Webinar on Ecosystem Restoration.
Plantation Programme in collaboration with Capital Project Administration (CPA) Bhopal M.P. on 22/06/21	Green Cluster	Environment Awareness
Distribution of Seed Balls to Students on 23/06/2021	Green Cluster	Environment Awareness
Plantation Week: Competition on Plant a Sapling and Share a Selfie on 11/07/21	Green Cluster	Environment Awareness
Distribution of Seed Balls to Students on 15-07-2021	Green Cluster	Environment Awareness
Plantation Programme (Hara Bhopal Sheetal Bhopal) in collaboration with Dept of Higher Education Govt. of India Bhopal M.P. on 20-07-2021	Green Cluster	Environment Awareness
Throwing of Seed Balls around College Campus on 31-07-2021	Green Cluster	Environment Awareness
Distribution of Seed Balls on 23-08-2021	Green Cluster	Environment Awareness

Medicinal Plants Plantation under directives of Vishwa Ayurveda Parishad on 31-08-2021	Green Cluster	Environment Awareness
Plantation Programme in collaboration with Guru Ravidas Vishwa Mahapeeth Bhopal M.P on 27-09-2021	Green Cluster	Environment Awareness
Distribution of seedballs and saplings to Parents during Orientation Programme on 08-10-2021	Green Cluster	Environment Awareness Programme
Celebration of Ecology Day in collaboration with Zila Prashashan at Swami Vivekanand Library on 12-01-2022	Green Cluster	Environment Awareness Programme
International Webinar on 3Zero Club in association with Yunus Social Business Centre Bangladesh on 10-02-2022	Green Cluster	Environment Awareness Programme
Orientation Programme on YSBC and 3Zero Club in association with Yunus Social Business Centre Bangladesh on 02-03-2022	Green Cluster	Environment Awareness Programme
Environment Audit conducted on 15-03-2021	Green Cluster	Environment Awareness Programme
Ankur Abhiyaan: Plantation cum Awareness Programme under directives of Govt. of M.P. on 03-03-2022	Green Cluster	Environment Awareness Programme
Environmental Awareness cum Gender Sensitization Programme: Journey of Jungle Vase: Women made Mini Jungle on 11-03-2022	Green Cluster	Environment Awareness Programme
Cleanliness Campaign: Visit to joggers park on 12-03-2022	Green Cluster	Environment Awareness Programme
International Webinar on Social Business Design Competition, Social Fiction Design Competition and Mentorship in association with Yunus Social Business Centre Bangladesh on 23-03-2022	Green Cluster	Environment Awareness Programme
World Earth Day Celebration on 22-04-2022	Green Cluster	Environment Awareness Programme
World Environment Day on 05-06-2022	Green Cluster	Environment Awareness Programme
Guest Lecture on Mental Health Care for all:Let's make it a reality (Stress management) on 12-10-2021	PADC Cell	Stress management
Webinar on How to be Successful in Life(Moral Values) on 22-10-2021	PADC Cell	Moral Values
Presentation cum workshop on "Behavioral Skills in Communication and Vocabulary" (Language Lab) from 13-12-2021 to 18-12-2021	PADC Cell	Communication and Vocabulary

Guest Lecture on "How to Manage Your Time and Stress Even Better"(Time Management & Stress Management) on 26-02-2022	PADC Cell	Time Management & Stress Management
Nutrition Awareness Program in Shahpur Village on 11-09-2021	Department of Biotechnology and Biochemistry in association with WEC	Nutrition Poshan Maah
Awareness Program on PCOD on 11-09-2021	Department of Biotechnology and Biochemistry in association with WEC	Health Awareness
Digital Literacy Awareness Program on 11-09-2021	Department of Biotechnology and Biochemistry in association with WEC	Saksharta Abhiyan
Webinar on World Food Day on 30-10-2021	Department of Biotechnology and Biochemistry in association with WEC and NSI	Kuposhan Mukht Bharat
Poster and Slogan Competition on World AIDS Day on 01-12-2021	Department of Biotechnology and Biochemistry in association with WEC and Microbiologist Society	AIDS Awareness
Poster and Video making competition on Girl Child Day on 24-01-2022	Department of Biotechnology and Biochemistry in association with WEC	Beti Bachao Beti Padhao
Matrishakti Aadarsh ki Pratimurti On international Womens Day on 08-03-2022	WEC in Association with Panjabi Sahitya Academy	Women Day
Expert Talk on Woman Rights 05-03-2022	WEC, NSS and Young Indians	Womens Right
Quiz Competition on World Health Day on 07-04-2022	Department of Biotechnology and Biochemistry in association with WEC, NSI and MSI	Our Planet Our Health
Health Awareness Program on "Beat the Heat" in Slum area Ekta Nagar on 07-04-2022	Department of Biotechnology and Biochemistry in association with WEC, NSI and MSI	Swasth Bharat Abhiyan
Guest Lecture on Stress Management during Examination on 29-04-2022	Department of Biotechnology and Biochemistry	Swasth Bharat Abhiyan
Health Check Up Camp at Ekta Nagar Slum	Commerce and Management in Association with Annashesh NGO	Swasth Bharat Abhiyan
On the occasion of Basant Panchmi Stationary Distribution drive organized on 5/2/22	Commerce and Management in Association with Annashesh NGO and NSS, NCC	Sab Padhe Sab Badhe
Mask Distribution at Village Shahpur	Commerce and Management in association with NSS	Corona mukt Bharat
Guest lecture on Career Prospects Post Pandemic organized on 17/12/21	Avyukta NGO and NSS cell in Association with Department of Commerce and Management	Skill India
Blood donation organized on 28/12/21	NSS and NCC unit in association with Bhopal Blood Bank	Raktdaan Mahadan
Covid Tikakaran on 23/8/21	NSS unit	Maha Tikakaran Abhiyan
Corona Jagrukta abhiyan organized	NSS Unit	Corona Jagrukta

My vote my future organized competitions on 30/3/22	The NSS unit in association with Election commission of India	My vote my future
Expert talk on women Rights organized on 24/7/21	NSS unit	Rights of women
Students contributed in Plantation Drive	NSS Unit and govt. of MP	Hara Bhopal
Closing ceremony of swachh bhara abhiyan on 30/10/21	NSS and Nehru Yuva Kendra	Swasth Bharat Abhiyan
One day camp at adopted village Shahpur on 6/9/21	NSS unit	Unnat Bharat
Nukkad Natak organized on the occasion of Human Right Day 10/12/21	NSS Unit	Human Rights
Plantation Drive on 20/7/21	NSS unit in association with Ayurvigyan Parishad, NCC and Green cluster	Hara Bhopal Sheetal Bhopal.
Plantation Drive on 5/6/2022	NSS unit in association with Green cluster Cell and NCC	Paryavaran Jagrukta
Radium Strip Pesting Drive on street cattle on 24/9/21	NSS unit	Sadak Durghatna Bachav
Teaching to underprivileged children of slum area	NSS unit in association with Annashesh NGO	Sab Padhe Sab Badhe
Donation of Sewing Machine at adopted village Shahpur	NSS unit in association with Lions Club	Aatmnirbhar Bharat
Stationary Distribution drive on 5/2/22	NSS,NCC unit Annashesh NGO	Saksharta Abhiyan
Health checkup camp organized on 5/2/22	NSS,NCC unit Annashesh NGO and Pathology Deptt,	Swasth Bharat Abhiyan
Training to Widows and Divorcee women on 24/2/22	NSS unit	Aatmnirbhar Bharat
On the occasion of International Yoga day an awareness programme organized on 21/06/22	NSS and NCC unit	Swasth Yuva Swasth Samaj
6 Days Yoga Camp organized	NSS and NCC	Swasth Yuva Swasth Samaj
Award to NSS volunteers	NSS unit	
Veer Gatha organized to aware youth on 25/1/22	NSS unit	Azadi ka Amrit Mahotsav
Village survey done by NSS students on 29/1/22	NSS unit	Village Adoption
Awareness programme organized on Rashriya Matdata Diwas on 21/1/22	NSS unit and NSS	Mera vote mera adhikar
Awareness program and slogan writing competition on Vijay Diwas Celebration on 26/07/21	NCC	Shreshtha Bharat
Cleaniness drive organized on 13/08/21	NCC	Swatch Bharat
Vaccination drive organized on 25/08/21 and 26/08/21	NCC	Corona mukt Bharat
Ecofriendly Ganesh Murti workshop organized on 4/9/21	NCC in association with EPCO	Go green
On the occasion of National Youth Day Yoga was organized on 12/1/22	NCC	Swasth Bharat Abhiyan
World Heart Day celebrated on 29/9/21	Department of Paramedical Science	Swasth Bharat Abhiyan
Water Quiz by National water Mission through MyGov.in	Govt. Quiz competition in MYGOV.IN	Health Awareness

Poshan Pakhwaa Quiz by Ministry of Women and Child Development through MyGov.in	Govt. Quiz competition in MYGOV.IN	Health Awareness
Dekho Apna Desh Quiz by MyGov.in	Govt. Quiz competition in MYGOV.IN	Cultural Awareness
QUIZ on Natural farming through MyGov.in	Govt. Quiz competition in MYGOV.IN	Farming Awareness
Jal Shakti Abhiyam	Govt. Quiz competition in MYGOV.IN	Save Water Awareness
Dr. Ranganthan Day celebrated on 12/08/2021	Dept. of Library Science	Awareness
ISR Activity on Library Day Educational Kit Distribution on 12/1/22	Dept. of Library Science	Awareness
World Literacy Day celebrated on 1/9/2021	Dept. of Library Science	Literacy Awareness

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CAREER® COLLEGE

Affiliated to Barkatullah University, Bhopal, Approved by Deptt. of Higher Education, Govt. of M.P., Bhopal & M.P. Paramedical Council
Accredited by National Assessment and Accreditation Council (NAAC)

पत्र क्रमांक: 110¹² /21

प्रति
राष्ट्रीय सेवा योजना प्रकोष्ठ
म.प्र. शासन
उच्च शिक्षा विभाग
मंत्रालय,
भोपाल

Village Adoption
Shahpur

विषय :- महाविद्यालयों तथा विश्वविद्यालयों द्वारा लिये जाने वाले गासेद ग्रामों के समग्र विकास हेतु गतिविधियों की कार्य योजना के संबंध में।

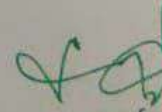
संदर्भ :- आपका पत्र क्रं. 370/32/रासेयो/21/अड़तीस, भोपाल दिनांक 29.07.2021

महोदय,

उपरोक्त संदर्भित विषयांतर्गत निवेदन है कि कैरियर महाविद्यालय, भोपाल द्वारा दिनांक 20.07.2021 को ग्राम गोद योजना के अंतर्गत ग्राम गोद ले लिया गया है जिसकी जानकारी निम्नलिखित है।

प्रपत्र-3

क्रं.	निजी महाविद्यालय का नाम	स्थान	जिला	गोद ग्राम का नाम
1.	कैरियर महाविद्यालय	भोपाल	भोपाल	ग्राम-शाहपुर


21/8/2021

प्राचार्य

कैरियर कॉलेज, भोपाल

PRINCIPAL
CAREER COLLEGE
GOVINDPURA BHOPAL

GOVINDPURA, BHEL, BHOPAL - 462 023

Phone: +91-755-2456042, 2488427, 2475366 Fax: +91755-2472978
Website: www.careercollegeindia.com, Email: info@careercollegeindia.com

3.4.3 & 3.4.4 ISR and Extension Activities

Career College Bhopal

Green Cluster

Ankur Abhiyaan

Plantation cum Awareness Programme under directives of Govt. of M.P was organized on 03 March /22. An oath to protect trees was administered by the Principal, Dr Charanjit Kaur followed by plantation drive in the college campus. This activity was planned with the aim of making students aware. Students learned about the importance of plantation. Faculty members from different departments and students were present.



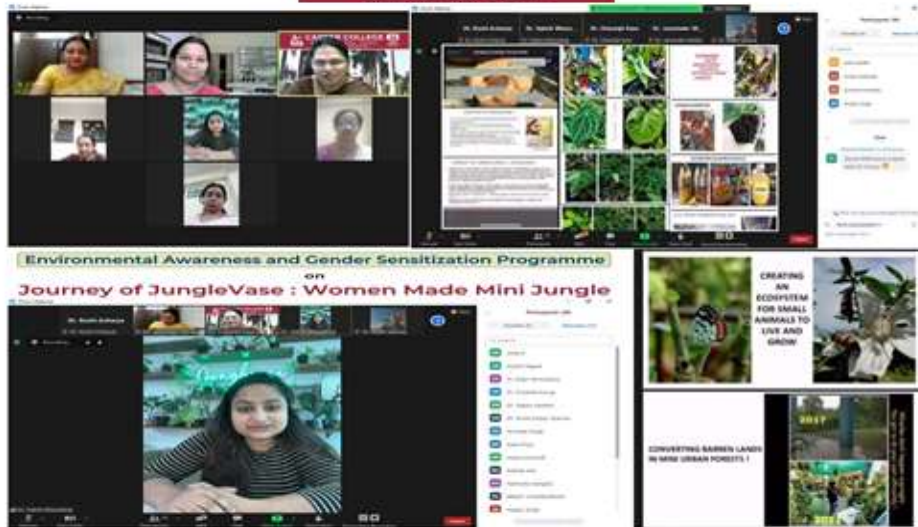
Career College Bhopal

Green Cluster

Environmental Awareness cum Gender Sensitization Programme

Session: 21-22

Environmental Awareness cum Gender Sensitization Programme was organized by Green Cluster on 11 March 22. The topic of the programme was Journey of Jungle Vase: Women made Mini Jungle. Resource person was Dr Sakshi Bhardwaj, Founder Jungle vase Bhopal.



Career College Bhopal

Green Cluster

International Webinar on Social Business Design Competition

Session:21-22

International Webinar on Social Business Design Competition, Social Fiction Design Competition and Mentorship in association with Yunus Social Business Centre Bangladesh on 23 March/22. Resource Persons of the webinar were Enrico Testi, Executive Director YSBC, University of Florence, Biswajit Ghosh, COO, Rotary India Literacy Mission. Mr. Enrico Testi elaborated about mentorship in association with Yunus Social Business Centre Bangladesh and Design Competition.

CAREER GROUP OF INSTITUTIONS BHOPAL **52 YEARS OF ACADEMIC EXCELLENCE** In association with **Yunus Social Business Centre**

International Webinar
cum
Social Business Design Competition & Social Fiction Design Competition & Mentorship
a collaboration with
YSBC & 3ZERO CLUB

Speaker

Enrico Testi
Executive Director
YSBC, University of Florence

Biswajit Ghosh
COO
Rotary India Literacy Mission

Mr. Manish Bajpai
Vice Chairman
Career Group

Prof. Muhammad Yunus
Winner of Nobel Peace Prize 2009
Co-founder and Chairman

3ZERO CLUB™

23rd March 2022 **12:30 PM to 3:00 PM IST**



**CAREER GROUP
OF INSTITUTIONS
BHOPAL**

53
YEARS OF
ACADEMIC
EXCELLENCE

In association with



**Yunus Social
Business Centre**

INTERNATIONAL WEBINAR

on



3ZERO CLUB™

Speakers



Prof. Muhammad Yunus
Winner of Nobel Peace Prize 2006
Co-founder and Chairman



Shazeeb M Khairul Islam
CEO
3Z Global Centre



Maisha Ahmed
Deputy Program Manager,
YY Ventures



Biswajit Ghosh
COO
Rotary India Literacy Mission



Mr. Manish Rajoria
Vice Chairman
Career Group



Dr. Charanjit Kaur
Principal
Career College, Bhopal

10th February 2022 2:30 PM IST



**CAREER GROUP
OF INSTITUTIONS
BHOPAL**

52
YEARS OF
ACADEMIC
EXCELLENCE

In association with



**Yunus Social
Business Centre**

ORIENTATION PROGRAM

on

YSBC & 3ZERO CLUB

Speakers



Prof. Muhammad Yunus
Winner of Nobel Peace Prize 2006
Co-founder and Chairman



Mostafezur Rahaman
Representative
3Z Global Centre



Maisha Ahmed
Deputy Program Manager,
YY Ventures



3ZERO CLUB™

2nd March 2022 11:30 AM IST

Career College

Green Cluster

Orientation Programme on YSBC and 3Zero Club

Session: 21-22

Orientation Programme on YSBC and 3Zero Club in association with Yunus Social Business Centre Bangladesh on 2 March/22. Resource Person were Mostafezur Rehman Representative 3 Z Global Centre, Maisha Ahmad Deputy Programme Manager YY Ventures. Students gained a lot from this orientation programme about YSBC and 3Zero Club. The programme was very informative and interesting.

The poster is a rectangular graphic with a red and white color scheme. At the top left is the logo of Career Group of Institutions Bhopal, featuring a circular emblem with a building and the text 'CAREER GROUP OF INSTITUTIONS BHO PAL'. To its right, the text 'CAREER GROUP OF INSTITUTIONS BHO PAL' is written in white on a red background. Further right is a red box with '52 YEARS OF ACADEMIC EXCELLENCE' in white. On the top right, it says 'In association with Yunus Social Business Centre' with a green leaf logo. The main title 'ORIENTATION PROGRAM on YSBC & 3ZERO CLUB' is in large, bold, red letters. Below it, 'Speakers' is written in red. Three circular portraits of speakers are shown: Mostafezur Rahaman (a man in a dark suit), Maisha Ahmed (a woman in a patterned top), and Prof. Muhammad Yunus (an older man in a brown jacket). Below each portrait is their name and title in white text on a red background. At the bottom right is the '3ZERO CLUB' logo, consisting of three overlapping circles in teal, yellow, and orange. The date and time '2nd March 2022 11:30 AM IST' are at the bottom in black text, with a small red icon to the left of the date.

CAREER GROUP OF INSTITUTIONS BHO PAL

52 YEARS OF ACADEMIC EXCELLENCE

In association with
Yunus Social Business Centre

ORIENTATION PROGRAM
on
YSBC & 3ZERO CLUB

Speakers

Mostafezur Rahaman
Representative
3Z Global Centre

Maisha Ahmed
Deputy Program Manager,
YY Ventures

Prof. Muhammad Yunus
Winner of Nobel Peace Prize 2006
Co-founder and Chairman

3ZERO CLUB™

2nd March 2022 11:30 AM IST

**Career College Bhopal
Green Cluster
Plantation Programme in collaboration with Vishwa
Ayurveda Parishad
Session: 21-22**

Green Cluster organized a Plantation Programme under directives of Vishwa Ayurved Parishad on 31 August/21 at Career College Campus. An oath to protect trees was administered by the Principal, Dr Charanjit Kaur followed by plantation drive in the college campus. This activity was planned with the aim of making students aware ayurveda. Students learned about the importance of ayurvedic system of medicines. Faculty members from different departments and students were present.



**Career College Bhopal
Green Cluster
Plantation Programme in collaboration with Guru
Ravidas Vishwa Mahapeeth
Session:21-22**

Green Cluster organized a Plantation Programme in collaboration with Guru Ravidas Vishwa Mahapeeth on 27th Sep/21 at Career College Campus. An oath to protect trees was administered by the Principal, Dr Charanjit Kaur followed by plantation drive in the college campus. This activity was planned with the aim of making students aware. Students learned about the importance of plantation. Invited Guests from Guru Ravidas Vishwa Mahapeeth, Faculty members from different departments and students were present.





**CAREER GROUP
OF INSTITUTIONS**

52
YEARS OF
ACADEMIC
EXCELLENCE

Plantation Drive

organised by

GREEN CLUSTER, NCC & NSS

In association with

Guru Ravidas Vishwa Mahapeeth

जन हितार्थ एक पहल
पेड़ लगाओ
आक्सीजन बचाओ



27th Sept, 2021



12.00 Noon

Venue:

Career College Campus
Opp. Dushehara Maidan, Govindpura, BHEL, Bhopal (M.P.)



**CAREER GROUP
OF INSTITUTIONS**

52
YEARS OF
ACADEMIC
EXCELLENCE

Plantation Drive

"Hara Bhopal Sheetal Bhopal"

organised by

GREEN CLUSTER, NCC & NSS

under directives of

Dept. of Higher Education Govt. of M.P.



20th July, 2021



12.00 Noon

Venue:

Career College, Opp. Dushehara Maidan, Govindpura, BHEL, Bhopal (M.P.)

Career College Bhopal

Green Cluster

Plantation Programme Capital Project Administration (CPA)

22nd June/21

Green Cluster and NSS Unit of Career College organized a Plantation Programme in collaboration with Capital Project Administration (CPA) on 22nd June/21. Faculty and students planted saplings under guidance of CPA Officers at Dusshehara Maidan BHEL Bhopal MP.



Career College Bhopal

Green Cluster

Session : 21-22

Green Cluster organized a Plantation Programme (Hara Bhopal Sheetal Bhopal) in collaboration with Dept of Higher Education Govt. of India Bhopal M.P on 20 July/21 at Career College Campus in compliance with Prime minister's Swachh Bharat Abhiyaan. An oath to protect trees was administered by the Principal, Dr Charanjit Kaur followed by plantation drive in the college campus. This activity was planned with the aim of making students aware about environmental protection. Students learned about the importance of trees and how to plant them and gained a lot of knowledge from this activity. Faculty members from different departments and students were present.



Career College Bhopal

Green Cluster

"The Swachh Bharat Campaign" A Positive move

Session: 21-22

Under compliance of Prime Minister "Swachh Bharat Campaign", and to contribute in the national mission for environment protection and cleanliness, Career Group of Institutions has adopted Joggers Park in Alkapuri Area Bhopal. Approx 25 students clean Joggers Park once a month and beautify it. With the motto of 'Clean India Green India' Cleanliness Campaigns were organized every month at Joggers Park and also at our College Campus.

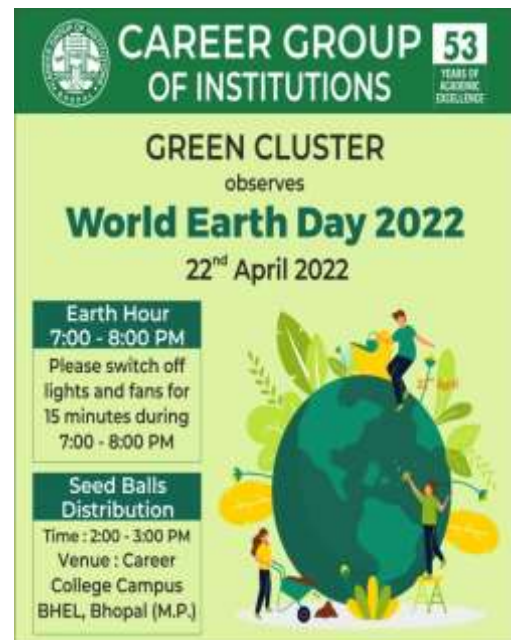


Career College Bhopal

World Earth Day-2021

Green Cluster

Green Cluster organized one day programme to commemorate “World Earth Day” on 22nd April/22. Earth Hour was followed by switching lights and fans by faculty members and students in reverence of Mother Earth. Theme of “World Earth day” 2022 ie Restore our Earth was discussed with students. Students were made aware about climate change. Programme was very knowledgeable and interesting.



Career College Bhopal Green Cluster World environment Day-2022

World environment Day was celebrated with great zeal on 5th June/22. Students from Career College and other Colleges participated enthusiastically. Plantation Programme followed by slogan writing competition, distribution of seed balls and opinion writing competition on only one earth were organized. Students from career college and other colleges bagged prizes.

A+ CAREER COLLEGE 53
Govindpura, BHEL, Bhopal-462023

World Environment Day
5th June 2022

Theme:
"Only One Earth"

Green Cluster, NCC & NSS
announces
Activities/Competitions

- Plantation at Career College Campus
- Cleanliness campaign at Career College Campus
- Slogan Writing (Online): Handwritten
- Opinion (Online): Handwritten

Last date of submission : 5th June 2022

Send your entries at:
greencluster@careercollegebhopal.com

Points to Remember:

- Entry provide your name, roll, name of College/University, full address, mobile number and Email along with your entries in the competition.
- All participants must provide an original slogan of upto 30 words and relevant to the theme of the event.
- Slogan Writing can be written either in English or Hindi.
- Opinion to be written on one page in the English/Hindi language from 200 to 300 words.

Participants will receive 5 certificates of participation in their respective competitions.
Top Three Winners of each competition will also be awarded 'Certificate' in order of ranking in the respective competition.

For more details contact : 9752545506, 9981218869, 9039715195



A+ CAREER COLLEGE 52
Govindpura, BHEL, Bhopal (M.P.) India

GREEN CLUSTER
Resolution 2021
1 Million Seed Balls

Save the Environment
Save the Country


A+ CAREER COLLEGE **52**
Approved by NAAC YEARS OF ACADEMIC EXCELLENCE
 Govindpura, BHEL, Bhopal- 462023

Personality Assessment & Development Cell (PADC)
 organises


World Mental Health Day 2021

Theme
**Mental Health Care for all :
 Let's make it a reality**

Chief Guest **Speaker**



Dr. Monica Shringirishi
 Assistant Professor
 Chirayu Medical College, Bhopal



Ms. Priya Sonpar
 Counseling Psychologist
 M.P. Police Academy & Career College, Bhopal

Tuesday, 12th October, 2021 @ **11:00 am**



Venue : Auditorium, Career College, Bhopal

AS
09/10/21

Career College, Bhopal
Personality Assessment and Development Cell (PADC)
Session: 2021-2022

Guest Lecture on "Mental Health Care for all : Lets make it's a realty"

Personality Assessment and Development Cell organised a Guest Lecture on 12 October 2021 on the topic "Mental Health Care for all : Lets make it's a realty." Dr. Churnjit Kaur, Principal, Career College welcomed the speaker Dr. Monica Shringirishi Asst.Prof., Chirayu Medical College, Bhopal and Priya Sonpar, Counselor. She discussed with issues like personal problems faced by individuals, anger management, dealing with anxiety – social anxiety, stage fright, fear of exams and interviews, relationship problems, etc. Mainly aims at improving the mental health of the students so as to bring about self improvement and healthy environment in the college amongst students.

[Signature]
PADC
Coordinator

मूल्यांकन एवं विकास प्रकाष्ठ द्वारा सेमिनार का आयोजन



कारखाने का सकार। भोपाल

जीवन के दो पहलू होते हैं सफलता और असफलता मनुष्य जीवन उपलब्धियों से भरा हुआ है और उपलब्धियाँ हमारे समस्त व्यक्तिगत विकास पर निर्भर हैं इसी विषय को ध्यान में रखकर कैरियर कौशल के अतिरिक्त मूल्यांकन एवं विकास प्रकाष्ठ द्वारा एक सेमिनार का आयोजन किया गया जिसमें मुख्य अतिथि के रूप में प्रोफेसर सुखदेव शंभु डाबरेकर डिजाइन इन्वोल्वमेंट सेल एवं प्रोफेसर डिपार्टमेंट ऑफ भायोलॉजिकल साइंस अहमदाबाद विश्वविद्यालय जवाहरपुर में अपने उद्घोष में बताया कि सफलता के लिए सफलता से ज्यादा इच्छा शक्ति होती है इच्छा शक्ति से हम अपनी मजिदगी को सफलतापूर्वक प्राप्त कर सकते हैं इस अवसर पर प्राचार्य डॉ. अरुणजीत और ने अतिथि का स्वागत करते हुए विद्यार्थियों के उपस्थिति प्रतिफल को ध्यान में रखी और में अत्यंत व्यक्तिगत विकास प्रकाष्ठ की अत्यंत ही भावना समी द्वारा किया गया।

*PNB
22/10/2021*

CAREER COLLEGE

Govindpura, BHEL, Bhopal (M.P.) India

52
YEARS OF
ACADEMIC
EXCELLENCE

**Personality Assessment and
Development Cell (PADC)**
Organizes

WEBINAR

on
How to be successful in life

Prof. S.S. Sandhu
Director, Design Innovation Center & Professor
Dept. of Biological Science
R.D. University, Jabalpur

*S.S. Sandhu
22/10/2021*

22nd Oct 2021 12: 30 p.m.

Career College, Bhopal

Personality Assessment and Development Cell (PADC)

Session: 2021-2022

Webinar on "How to be successful in life"

Personality Assessment and Development Cell organised a webinar on 22 October 2021 on the topic "How to be successful in life." Dr. Charanjit Kaur, Principal, Career College welcomed the speaker of the webinar, Prof. S.S Sandhu, Director, Design Innovation Centre and Professor, Biological Sciences, R.D University, Jabalpur. According to him Success is the basic result of applying some basic principles such as goal setting, determination and the desire to success. He further added that desire is the starting point of all accomplishment and great results cannot be obtained without a strong desire. He emphasized on proper planning before commencement of any task. He discussed that motivation plays an important role in achievement of success. He also discussed the role of other factors such as discipline, mentorship, oral expressions, writing abilities, attitude etc which may help to achieve success. His lecture was very fruitful and motivational and will help the young generation to focus on their goals and incorporate his valuable suggestions to succeed in their lives.



[Signature]
PADC

Coordinator

“तनाव एवं समय प्रबंधन” पर आयोजित व्याख्यान



भोपाल 4 मार्च ! आज हमारा जीवन तनाव भरा हो रहा है जिसका कारण जीवन की भागदौड़ और सही प्रबंधन का ना होना है उच्चतम बात कैरियर कॉलेज के व्यक्तित्व मूल्यांकन एवं विकास प्रकोष्ठ द्वारा आयोजित “तनाव एवं

समय प्रबंधन” पर आयोजित व्याख्यान में मोटिवेशनल स्पीकर, साइकोलॉजिस्ट एवं काउंसलर श्री महेंद्र जोशी ने कही ! उन्होंने कहा कि आज हर व्यक्ति भागम भाग भरे जीवन को जी रहा है चाहे ये बच्चे हो या बड़े ! ऐसे में हमें चाहिए कि हम अपने कार्य को समयबद्ध करते हुए उसका प्रबंधन सही तौर से करें तो हम तनाव से बहुत हद तक बच सकते हैं ! अतिथि श्री महेंद्र जोशी का स्वागत कॉलेज प्राचार्य डॉक्टर चरनजीत कौर एवं आभार डॉ भावना शर्मा द्वारा किया गया ! महाविद्यालय के सभी प्राध्यापक एवं विद्यार्थियों ने इस व्याख्यान में सहभागिता की !

P.S.
5/3/2022

CAREER COLLEGE, BHOPAL

PERSONALITY ASSESSMENT AND DEVELOPMENT CELL (PADC)

SESSION: 2021-2022

Guest Lecture on “How to Manage Your Time and Stress Even Better”

Personality assessment and Development Cell organized a webinar on 26th Feb 2022 on the topic “How to manage your time and stress even better.” Dr Charanjit Kaur, Principal, Career College welcomed the speaker of the webinar, Mr. Mahendra Joshi, Motivational Speaker, Corporate Trainer, Psychologist and Counselor. According to his views, most of the people lies in between pressure and tension as the part of life. He motivatedly spoke about time management and discussed about principle of success by resolving the tension with relevant examples of daily life. All the participants have benefitted by teaching of surroundings in association with updates and upgradation. While the delivery of lecture he has described about the attentions and relationship of energy where he had concluded about active efforts to release stress which was very much needed for the youth of today for spherical development and challenges. 130 students benefitted.



P.S.
PADC

Coordinator

Career College, Bhopal

Personality Assessment and Development Cell (PADC)

Session: 2021-2022

Workshop on "Behavioral Skills in Communication and Vocabulary"

Personality Assessment and Development Cell organised six days presentation cum workshop on Behavioral Skills in Communication and Vocabulary for PG & UG I Year students from 12/12/2021 to 18/12/2021 in Language lab. The students learnt about all the basics of communication and vocabulary building which will be helpful to them in improving their communicative skills as well as in various competitive exams. The workshop mainly focussed on various areas of communication and also the ways to improve them which will help the student in confidence building and become a better individual both professionally as well as personally. Around 300 students spread over different streams of arts, science and commerce as well were benefitted by this workshop.



PADC

Coordinator

Title: Women Health and Hygiene awareness program in Anna Nagar Slum

Date: 30 Sep 2021

Objective: To make women aware about their health especially menstrual hygiene
Dr. Shweta Sharma and Dr. Anita Singh explained the importance of women health and hygiene.
Emphasize on use of sanitary napkin, benefits to use and ways to dispose.

Participants: Faculty members, UG and PG students and local community women (32 participants)

The poster is for a Women Health and Hygiene Awareness Program. At the top, it features the logo for A+ CAREER COLLEGE, Govindpura, BHEL, Bhopal (M.P.) India, and a 52 YEARS OF ACADEMIC EXCELLENCE badge. Below this, it mentions the INSTITUTION'S INNOVATION COUNCIL and the Department of Chemistry. The central text reads "Organizes Women Health and Hygiene Awareness Program At Anna Nagar Slum". At the bottom, it specifies the date as 30th Sep 2021 and the time as 12:00 Noon to 2:00 pm. There is also a small icon of a calendar and a clock.



Title: An awareness program on the need of getting vaccinated against Covid 19 at Ekta Nagar Basti

Date: 04 Oct 2021

Objective: To motivate each and every one to vaccinate themselves for safeguarding against the dreaded disease

Dr. Shweta Sharma and Dr. Anita Singh motivated the slum people to avail vaccination at the nearest centre and provided knowledge related to misconception of vaccination

Participants: Faculty members, UG and PG students and slum community people (28 participants)



CAREER COLLEGE

Govindpura, BHEL, Bhopal (M.P.) India

52

YEARS OF
ACADEMIC
EXCELLENCE



INSTITUTION'S
INNOVATION
COUNCIL



Department of Chemistry
Organizes

Awareness Program

**Need of Getting Vaccinated
against Covid-19**

At
Ekta Nagar Basti



4th Oct 2021



12:00 Noon to 2:00 pm

कैरियर कालेज के विद्यार्थियों ने किया स्वास्थ्य, स्वच्छता और वैक्सिनेशन के प्रति जागरूक

भोपाल। कैरियर कॉलेज के रसायन शास्त्र विभाग द्वारा कोरोना एवं इससे जुड़ी गाइडलाइंस के बारे में लोगों को जागरूक करने हेतु एक जागरूकता कार्यक्रम आयोजित किया। जिसके अंतर्गत विभाग के प्राध्यापकों एवं विद्यार्थियों ने एकता नगर स्लम एरिया में जाकर वहां के रहवासियों को समझाया कि क्यों वैक्सिनेशन के पूर्ण होने पर भी हमें सरकार द्वारा प्रशस्त गाइडलाइन का पणता पालन करना है।

उन्होंने वहां पर रहवासियों को वैक्सिनेशन के लाभ बताते हुए कहा कि वैक्सिनेशन होने के बाद भी हमें मास्क और



सैनिटाइजर का प्रयोग करना जरूरी है, थोड़ा-बड़ा चाली जगहों से बचना बहुत जरूरी है। साथ ही महिलाओं को महावारी के

दौरान स्वच्छ रहने के प्रति जागरूक करने हेतु डॉ. अनिता सिंह ने महिलाओं एवं बालिकाओं को बताया कि इस दौरान स्वच्छता का विशेष ध्यान रखते हुए सेनेटरी नैपकिन का ही इस्तेमाल करना चाहिए।

विभाग द्वारा वहां महिलाओं को बालिकाओं को सेनेटरी नैपकिन भी वितरित किए गए। डॉ. श्वेता शर्मा ने महिलाओं को उनके स्वास्थ्य के प्रति सतत रहने हेतु बताते हुए कहा कि महिलाएं समान का आधार स्तंभ होती हैं अतः उन्हें पौष्टिक भोजन लेते हुए परिवार के साथ ही खुद का भी खयाल रखना जरूरी है।



Title: Awareness Campaign on precautions against Covid 19 at Ekta Nagar Basti

Date: 08 Oct 2021

Objective: To aware maximum people to continue with safety precautions against covid 19 even after vaccination (in lieu with government-initiated awareness drives).

Faculty members from the department explained the slum community people to continue use of mask and sanitizer as precaution to avoid chances of infection.

Participants: Faculty members, UG and PG students and slum community people (23 participants)

A+ CAREER COLLEGE **52**
Approved by NAAC YEARS OF ACADEMIC EXCELLENCE
Govindpura, BHEL, Bhopal (M.P.) India

INSTITUTION'S INNOVATION COUNCIL
Department of Chemistry
Organizes

**Awareness Campaign
Precautions
Against Covid -19**

At
Ekta Nagar Basti

8th Oct 2021 12:00 Noon to 2:00 pm

WEAR MASK
CLEANING HANDS
TEMPERATURE CHECKS
KEEP SOCIAL DISTANCING
2 METERS



Title: ISR activity to spread awareness amongst children and women in the Anna Nagar slum area against Covid 19

Date: 8 Dec 21

Objective: To spread awareness amongst people to protect against covid 19 looking to rise in covid cases.

Faculty members prompted slum people through awareness talks and inspire them to live in hygiene along with precautionary measures to prevent themselves from the disease

Participants: Faculty members, UG and PG students (33 participants)

A+ CAREER COLLEGE **52**
Govindpura, BHEL, Bhopal (M.P.) India
NAAC YEARS OF ACADEMIC EXCELLENCE

INSTITUTION'S INNOVATION COUNCIL
University of Educational Innovation

Department of Chemistry Organizes

Awareness Drive for Women & Children Against Covid 19

At Anna Nagar Slum

8th Dec 2021 12:00 Noon to 2:00 pm

कॅरियर कॉलेज ने एकता नगर स्लम एरिया में जागरूकता शिविर लगाया



भोपाल। कॅरियर कॉलेज के रसायन शास्त्र विभाग द्वारा कोरोना एवं उससे जुड़ी संकटनाशक के बारे में लोगों को जागरूक करने के लिए शिविर आयोजित किया। विभाग के प्राध्यापकों एवं विद्यार्थियों ने एकता नगर स्लम एरिया में जाकर यहां के रहवासियों को समझाया कि कोविड-19 के फैलने से बचने के लिए क्या करना चाहिए। उन्होंने बताया कि कोविड-19 होने के बाद भी हमें नमस्क और सैनिटाइजर का प्रयोग करना जरूरी है। नीचे-ऊपर वाली जगहों से बचना बहुत जरूरी है। डॉ. अशोक सिंह ने महिलाओं एवं बच्चों को इस सेबेटीरी केविजन का ही इस्तेमाल करने के फायदे बताए। महिलाओं एवं बच्चों को सेबेटीरी केविजन में शामिल किया। डॉ. स्वप्न शर्मा ने कहा, महिलाएं समाज का आधार स्तंभ होती हैं। अब उन्हें पॉजिटिक सोचने लेंगे तुरंत परिवार के साथ खुश रहेंगे और समाज बलियो रहेगा। इस अवसर पर एकता नगर के रहवासियों ने भी कार्यक्रम में भाग लिया।



Title: Gender Sensitization Program (SPACE) on Gender: Beyond the Boundaries

Date: 3 March 22

Objective: To aware young minds about community evils that are leading to gender inequality. Ms. Kumud Singh, spoke about various issues that are making our society gender biased. She described the need to have citizens who have high moral and ethical standards and who know about the vital role of gender Sensitization. She actually awakens our thoughts.

Students of NSS cell performed a Nukkad Natak "**Meri Soch Mera Samman, Ye Hai Mera Adhikaar**" which introduced the participants to various societal woes like Dowry system, discrimination on the basis of colour, caste gender etc. The seminar inspired people to introspect and eradicate the day-to-day activities that are fuelling gender inequality.

Resource Person: Ms.Kumud Singh Secretary Sarokar NGO

Participants: Faculty members, UG and PG students (169 participants)


A+ CAREER COLLEGE **52**
Approved by NAAC Govindpura, BHEL, Bhopal (M.P.) India 52 YEARS OF LEARNING EXCELLENCE

75th Anniversary
 75th Anniversary

Dept. of Chemistry with Women Empowerment Cell & NSS
 organises

Gender Sensitization Program

SPACE
 (Sensitization Program Against Community Evils)
 on
Gender : Beyond the Boundaries
 Resource Person



Ms. Kumud Singh
 Secretary
 Sarokar (NGO)

3rd March 2022 12:00 - 01:00 PM







Title: International Webinar on “Social Business Design Competition and Social Fiction Design Competition cum Mentorship Program”

Date: 23 March 22

Objective: To give a platform to young minds and their revolutionary business ideas that can change the world in an environment friendly way.

The webinar was organized in collaboration with YSBC and 3 zero club, Bangladesh. Dr. Enrico Testi, Executive Director, YSBC (University of Florence) was the key resource person who explained exclusively about ' Ecosystem for social innovation and achieving 3 zero mission'. Participants from Bangladesh, Nepal, South Africa, YSBC Mizoram, YSBC Sharda University Noida were there to relish and understand Social innovation.

Resource Person: Dr. Enrica Testi, Executive Director ARCO (Action Research for CO-development), Director, Yunus Social Business Centre University of Florence; Mostafezur Rahaman, Representative, 3Z Global Centre; Maisha Ahmed, Deputy Program Manager, YY Ventures; Biswajit Ghosh, COO, Rotary India Literacy Mission

Participants: Faculty members, PG students and Research Scholars (around 188)

CAREER GROUP OF INSTITUTIONS BHOPAL 52 YEARS OF ACADEMIC EXCELLENCE

In association with **Yunus Social Business Centre**

International Webinar cum Social Business Design Competition & Social Fiction Design Competition & Mentorship

a collaboration with **YSBC & 3ZERO CLUB**

Speaker

Prof. Muhammad Yunus
Winner of Nobel Peace Prize 2009
Co-founder and Chairman

3ZERO CLUB

23rd March 2022 12:30 PM to 3:00 PM IST

सामाजिक व्यापार डिजाइन और सामाजिक कथा डिजाइन सह-मैनेटरशिप कार्यक्रम

विद्यार्थियों को सामाजिक कथा डिजाइन और सामाजिक व्यापार डिजाइन के माध्यम से समाज के विकास में योगदान देने के लिए प्रेरित करने का उद्देश्य है।

कार्यक्रम के माध्यम से, छात्रों को सामाजिक कथा डिजाइन और सामाजिक व्यापार डिजाइन के माध्यम से समाज के विकास में योगदान देने के लिए प्रेरित करने का उद्देश्य है।

Title: “Kanya Bhoj and Awareness Program for Hygiene and Sports”

Date: 9 April 22

Objective: To conserve our traditional ceremonies with emphasis on individual development.

Faculty members have briefed the slum girls about their health, hygiene and importance of education.

Participants: Faculty members, PG students and slum children (around 80)

A+ CAREER COLLEGE 52 YEARS OF ACADEMIC EXCELLENCE

Govindpura, BHEL, Bhopal (M.P.) India

Department of Chemistry and NSS Organizes

Kanya Bhoj & Awareness Program
Tradition cum Education

SPACE Education & Health: The Greatest Gift

9th Apr 2021 12:00 Noon to 2:00 pm

कैरियर कॉलेज द्वारा कन्या भोज का आयोजन

राष्ट्रीय स्तर की स्तर

अदिति की कलम

भोपाल 9 अप्रैल ! कैरियर कॉलेज के रसायन शास्त्र विभाग एवं NCC इकाई द्वारा महात्माओं के अवसर पर संयुक्त रूप से कन्या भोज का आयोजन किया। भोज के दौरान कॉलेज एवं एकता नगर झुग्गी बस्ती में लगभग 50 भोजन के पैकेट का वितरण किया गया। इस कन्याभोज का प्रमुख उद्देश्य हमारी संस्कृति को संभालने के साथ ही बच्चों को उनके विकास के लिए जिम्मेदार कारकों से अवगत करना था। भोज के दौरान बालक एवं बालिकाओं को शिक्षा एवं खेलकूद के प्रति जागरूक किया गया। साथ ही उन्हें अपने आम पाठ्य के बातावरण को स्वच्छ रखने एवं खुद भी स्वच्छ स्वफाई से रह कर केंद्रीय विद्यार्थियों से अच्छा जा सकता है, इस बारे में भी विभाग के प्राध्यापकों एवं शारीरिक शिक्षा विभाग के कोच कालम मंगेश सेलेक्टर द्वारा निरस्त जानकारी प्रदान की गयी। इस सामाजिक सरोकार से आत्मिक संतुष्टि के साथ ही समाज के उत्थान के प्रति अपने दायित्व निभाने की अनुभूति की हुई। इस अवसर पर विभाग की निभाराज्यवश डॉ सुषमा घोष, डॉ अनिता के, डॉ रॉय एवं शर्मा, डॉक्टर शैला शर्मा, डॉ अनिता के एवं पंचमीश्री प्रभुषा विभिन्न डॉ ननोज सेलेक्टर मुख्य रूप से उपस्थित रहे।



Department of Computer Science

Session 2021-22

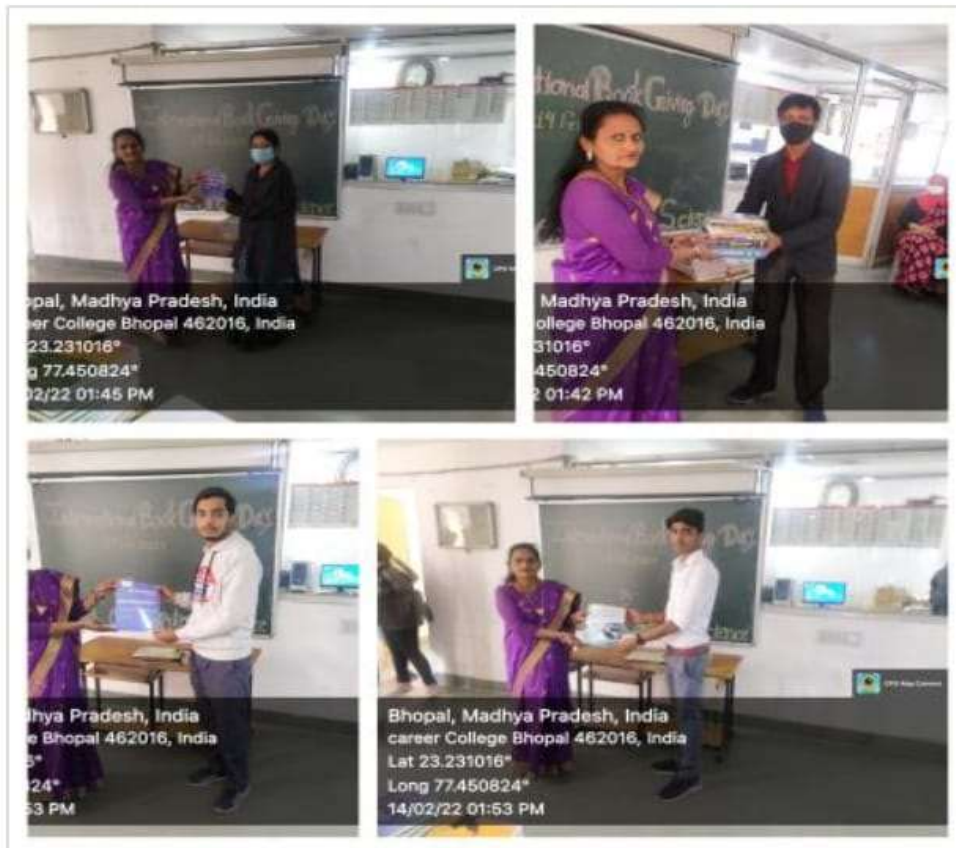
Report

International Book Giving Day

Department of Computer Science has celebrated “International Book Giving day” on 14th February, 2022 to spread cheer through books at Career College, Bhopal. The purpose of celebrating this day is to help the needy students of the society by creating awareness among the students.

The session was coordinated by Mrs. Jyotsna Kanungo, Department of Computer Science. It was attended by the staff members and the students of the college.

Vote of thanks was given by Mrs. Swarna Sinha, HOD, and Department of Computer Science.



Computer Science Department

Career College, Bhopal

Session 2021-22

Report of Awareness Program on Cleanliness

A cleanliness awareness campaign program was organized in Government Secondary School Govindpura Bhopal by the Computer Department of Career College on 23-02-2022. In which the importance of cleanliness was explained to the students through various activities. Dr. Rupali Vishwakarma of the department welcomed the principal of the school, Mr. Sunil Kumar Srivastava, and motivated the students to engage in social activities. On the other hand, Professor RoopKishori Sharma of the department while telling the important points related to cleanliness to the students said that we should take care of cleanliness not only in our house but also in our school around our house. If possible, we should try to plant more and more trees, which is a worthwhile initiative in our environment protection. In this program, the importance of cleanliness was explained to the students through animation videos explaining the process of hand washing in an experimental manner. Asad Khan, Garima Singh, Priyanshi Sharma, Aman Zaria played an important role in the cleanliness camp, mainly as student volunteers.



Department of Computer Science

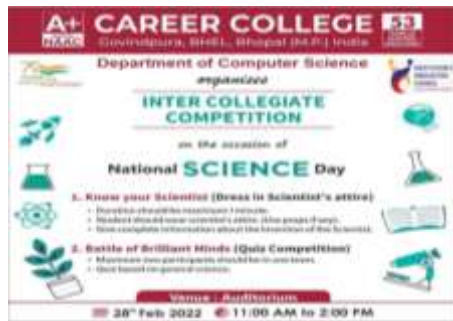
Session-21-22

National Science Day Celebration

Bhopal 28 February 2022

"National Science Day" was celebrated by Computer Science Department of Career College in collaboration with IIC. There were various competitions organized like Battle of Brilliant Minds (Quiz Competition) and Know Your Scientist. Objective of the event was to aware the children about the importance and noteworthy contribution of science in daily life and the discovery of the scientist. Two activities organized by the department. A quiz competition "Battle of Brilliant minds" and a competition. "Know your Scientist".

The Battle of Brilliant minds competition has four phases, in first round, photographs of the scientists were shown and asked students to recognize their names and in second round, student were recognized scientist's name by their voice. Third round was subjective questionnaire and in the lastround, questions were asked from general knowledge, which was related to the inventions and the name of scientists. In which the students showed their intelligence by passing all the rounds. Honorable **Dr. Rajiv Jain**, HOD, Career College of Law, and Honorable **Professor PK Gupta** were in jury. By the decision of jury, in the quiz competition, Rajkumar Kewat, Ankit Pillai bagged first position and Alexiya, Ritu Jatav were on second position and the third position was bagged by Akash Tiwari and Zainab Siddiqui. In "know Your Scientist" Competition, Karishma Solanki bagged first position, and Anand Mohan got second position and Ankit Barole got third position. This event coordinated by **Dr. Niketa Persai**, and **Dr. Romsha Sharma**, Student coordinators are Sandesh Gour (B.Sc.- I Year CS) and Nandlal Papal (B.Sc. II Year Maths). On this occasion, all the professors of the department of Computer Science and Head of Department, Professor **Swarna Sinha** were present. And Honorable Principal Dr. Charanjit Kaur, blessed all the students and shared important and interesting facts about science.



Department of Computer Science

Session-21-22

Holi celebration Report

Department of Computer Science celebrated holi by the distribution of gulal at Ekta Nagar Slum on 17/03/2022. Objective of the activity was not only to introduce our culture but spread awareness among children to save water during holi celebration also. Students also learnt how to celebrate holi with minimal use of water.. 25 children, 15 students and 6 faculty members were present there.



Account College Bhopal
Department of Computer Science
Session 21-22
Date: 17/03/2022

Name of Student	Signature	Roll No.	Name of Student	Signature	Roll No.
Abhinav Kumar	[Signature]	19			
Adarsh Kumar	[Signature]	20			
Ashish Kumar	[Signature]	21			
Chaitanya Kumar	[Signature]	22			
Divyanshu Kumar	[Signature]	23			
Harsh Kumar	[Signature]	24			
Harsh Kumar	[Signature]	25			
Harsh Kumar	[Signature]	26			
Harsh Kumar	[Signature]	27			
Harsh Kumar	[Signature]	28			
Harsh Kumar	[Signature]	29			
Harsh Kumar	[Signature]	30			
Harsh Kumar	[Signature]	31			
Harsh Kumar	[Signature]	32			
Harsh Kumar	[Signature]	33			
Harsh Kumar	[Signature]	34			
Harsh Kumar	[Signature]	35			
Harsh Kumar	[Signature]	36			
Harsh Kumar	[Signature]	37			
Harsh Kumar	[Signature]	38			
Harsh Kumar	[Signature]	39			
Harsh Kumar	[Signature]	40			

Signature of Teacher

ISR activity in association with NSS at adopted village Shahpur, Bhopal on 29/01/2022

Objectives:

1. To provide firsthand knowledge about the village life and the problems faced by villagers.
2. To create awareness in the villagers with the help of the students about various diseases and how they can be prevented and cured.
3. To do a general medical checkup of the villagers included blood pressure, blood sugar etc.
4. To distribute protection material like masks and sanitizers to the villagers to fight against corona.

6 Faculties & 26 students of Dept. of Zoology, Dept. of Commerce, NSS unit and Career College of Nursing participated in the camp.



Key Outcomes:

The main focus of the camp was to do survey & health check up of the villagers. It covered their complete basic body checkup of blood sugar, blood pressure & body weight. Total 38 students with 6 faculty members visited the village & distributed Masks & sanitizers and spread knowledge & awareness about Covid-19. Patwari & Sarpanch of the village appreciated the efforts of our students & offered to adopt two more villages coming under them.

Paramedical Department

Career College, Bhopal

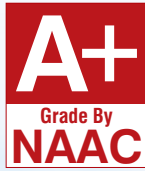
World Heart Day

Report

Date: 29.09.2021

Good health is not something we can buy, however it can be an extremely valuable saving account. Career college of Nursing and Department of Paramedical sciences celebrated World heart day on theme - USE HEART TO CONNECT WITH YOUR HEART. College organized health camp and awareness program. Hemoglobin estimation, weight and blood pressure monitoring, cardio exercises and physical assessment were done by students. Health dialogue was delivered to create awareness on cardiac disease and diet among the group. 52 beneficiaries took the benefit of the camp.





**CAREER[®]
COLLEGE**



National Cadet Corp Activity Report

Session 2021-22



कारगिल विजय दिवस जागरूकता रैली रिपोर्ट सत्र – 2021–22

26 जुलाई 2021 को कॉलेज की एनसीसी इकाई द्वारा कारगिल विजय दिवस के अवसर पर जनसमूह को कारगिल विजय दिवस का महत्व बताने के लिये जागरूकता रैली का आयोजन किया गया। जिसमें लगभग एनसीसी के 16 केडिटों ने भाग लिया तथा नारे एवं स्लोगानों के सहयोग से जन समूह को जागरूक किया। एनसीसी की इस पहल पर कॉलेज की प्राचार्य डॉ. चरनजीत कौर ने एनसीसी केडिटों की सराहना की और इस तरह के कार्यक्रम करते रहने के लिये प्रेरित किया।



मूर्ति सफाई अभियान रिपोर्ट

सत्र – 2021–22

13 अगस्त 2021 को कॉलेज की एनसीसी इकाई द्वारा मूर्ति सफाई अभियान 4 एम.पी. बटालियन के आदेशानुसार और कॉलेज की प्राचार्य डॉ. चरनजीत कौर के मार्गदर्शन में तथा केप्टन मनोज सेलोकर के प्रतिनिधित्व में एनसीसी के 20 केडिटों ने भेल स्पोर्ट्स कॉम्प्लेक्स के सामने बने सद्भावना चौक की सफाई की जिम्मेदारी उठाई और सफाई करते हुये जनसमूह को संदेश दिया कि इस तरह की मूर्ति सफाई अभियान चलाते रहना चाहिये ताकि मूर्तियों का रखरखाव सही ढंग से हो पायें। एनसीसी कर इस गतिविधि पर कॉलेज की प्राचार्य डॉ. चरनजीत कौर ने बहुत सराहना की।



स्वतंत्रता दिवस समारोह रिपोर्ट सत्र – 2021–22

15 अगस्त 2021 को स्वतंत्रता दिवस राष्ट्रीय पर्व पर कॉलेज की एनसीसी इकाई एवं समस्त कॉलेज के समस्त विभागों के सामुहिक सहयोग से स्वतंत्रता दिवस मनाया गया, एनसीसी के 31 केडिट्स द्वारा गार्ड ऑफ ऑनर और ड्रिल का प्रदर्शन किया गया। इस अवसर पर कॉलेज के अध्यक्ष श्री विष्णु राजोरिया जी ने सभी को सम्बोधित किया, तथा अन्य विभागों के विद्यार्थियों ने भी सांस्कृतिक कार्यक्रम का प्रदर्शन किया कार्यक्रम के अंत में सभी को मिष्ठान वितरित किया गया।



वेक्सिन के प्रति जागरूकता एवं सहयोग रिपोर्ट सत्र – 2021–22

25 एवं 26 अगस्त 2021 को कॉलेज की एन.सी.सी. इकाई द्वारा कॅरियर हास्पिटल में लगाने वाली कोविड वेक्सिन लगाने में एन.सी.सी. के क्रेडिट द्वारा सहयोग प्रदान किया गया। क्रेडिटों ने लोगों को वेक्सिन लगाने के प्रोत्साहित किया और दोनों ही दिन वेक्सिन लगाने आने वाले लोगों को सही दिशा निर्देश दिये और इस गतिविधि में एन.सी.सी. 21 क्रेडिटों ने भरपूर सहयोग दिया। कॉलेज की प्राचार्य ने डॉ. चरनजीत कौर ने एन.सी.सी. की इस गतिविधि के आयोजन पर क्रेडिटों की सराहना की और इस पुनित कार्य में सभी को भाग लेने के लिये आव्हान किया।



वृक्षारोपण रिपोर्ट सत्र – 2021–22

31 अगस्त 2021 को कॉलेज की एन.सी.सी., एन.एस.एस. इकाई एवं ग्रीन क्लस्टर तथा विश्व आयुर्वेद परिषद् के सामुहिक सहयोग से कैरियर कॉलेज प्रांगण में औषधी पौधों का रोपण किया गया, कॉलेज के अध्यक्ष श्री विष्णु राजोरिया जी भी कार्यक्रम में उपस्थित हुये तथा प्रतिभागियों को आशीर्चन से सम्बोधित किया और कहा कि आज के समय की जरूरत है। इस पुनित कार्य में सभी को मिलजुलकर आगे आना चाहिये और वृक्ष लगाकर पर्यावरण को संतुलित बनाना चाहिये। इस कार्यक्रम में सभी विभागों के विद्यार्थी एवं प्राध्यापकों ने वृक्ष लगाये। इस कार्यक्रम को सफल बनाने में एन.सी.सी के 15 केडिटों ने महत्वपूर्ण योगदान दिया। कॉलेज की प्राचार्य एवं सभी विभागों के विभागाध्यक्षों ने वृक्ष लगाकर अपना सहयोग दिया।



इको फ्रेंडली गणेश प्रशिक्षण रिपोर्ट सत्र – 2021–22

04 सितम्बर 2021 को कॉलेज की एन.सी.सी., एन.एस.एस. इकाई एवं ग्रीन क्लस्टर के द्वारा पर्यावरण नियोजन एवं समन्वय संगठन (एफको) भोपाल के संयुक्त तत्वावधान में इको फ्रेंडली गणेश मूर्ति निर्माण का प्रशिक्षण एफको परिसर में किया गया। इसमें लगभग 9 विद्यार्थी एवं 1 अधिकारी ने प्रशिक्षण प्राप्त किया। एफको के प्रशिक्षकों ने विद्यार्थियों को एवं प्रशिक्षण प्राप्त करने वाले आये एनजीओं के कार्यकर्ताओं को प्रशिक्षण दिया और बनी हुई मूर्ति को अपने हाथों से रंग करना सिखाया तथा मूर्तियों को अपने साथ ले जाने के लिये कहा। इस गतिविधि के आयोजन की प्राचार्य डॉ. चरनजीत कौर ने विद्यार्थियों एवं एफको के प्रशिक्षकों को शुभकामना दी और कहा कि इस तरह की गतिविधियाँ एवं आयोजन करते रहे हमारा कॉलेज हमेशा सहयोग प्रदान करता रहेगा।



रक्तदान शिविर रिपोर्ट सत्र – 2021–22

दिनांक 28.12.2021 को कैरियर कॉलेज की एन.सी.सी. एवं एन.एस.एस. इकाई एवं भोपाल ब्लड बैंक (बीएमएचआरसी) के सहयोग से रक्तदान शिविर का आयोजन किया गया। जिसमें लगभग 44 लोगों ने अपना पंजीयन कराकर सहयोग प्राप्त किया और 25 युनिट रक्त एकत्रित किया गया जिसमें एन.सी.सी. के 6 केडिटों ने रक्तदान कर इस पुनित कार्य में सहयोग प्रदान किया। कॉलेज की प्राचार्य डॉ. चरनजीत कौर ने विद्यार्थियों को प्रोत्साहित करते हुये कहा कि रक्तदान एक महादान है जिसे हमें समय समय पर करते रहना चाहिये जिसे हमारे शरीर में भी नये रक्त का निर्माण होते रहता है। मानव शरीर ही है जिसमें रक्त का निर्माण होता है, फैक्ट्रीयों या कृत्रिम रूप से इसका निर्माण हीं किया जा सकता है, अतः एक स्वस्थ व्यक्ति को रक्तदान करते रहना चाहिये।



राष्ट्रीय युवा दिवस रिपोर्ट सत्र – 2021–22

दिनांक 12.01.2022 को कैरियर कॉलेज की एन.सी.सी. एवं समस्त विभागों के सहयोग से विवेकानन्द जयंति जो राष्ट्रीय युवा दिवस के रूप में मनाया जाता है। इस अवसर पर कॉलेज सभागार में सामुहिक सूर्य नमस्कार का आयोजन किया गया जिसमें एनसीसी के 20 क्रेडिट तथा अन्य विभागों एवं प्राध्यापकों ने सामुहिक सूर्य नमस्कार करके इस कार्यक्रम को सफल बनाया। कॉलेज की प्राचार्य डॉ. चरनजीत कौर ने कहा कि सूर्य नमस्कार एक सम्पूर्ण व्यायाम है। इससे अपने दैनिक जीवन में स्थान देना चाहिये तथा इस तरह की गतिविधि में सहयोग प्रदान करना चाहिये।



राष्ट्रीय मतदाता दिवस रिपोर्ट सत्र – 2021–22

दिनांक 25.01.2022 को राष्ट्रीय मतदाता दिवस के रूप में मनाया जाता है इस अवसर पर कॉलेज में एन.सी.सी. एवं एन.एस.एस. इकाई द्वारा सभी विभागों के छात्रों एवं प्राध्यापकों को मतदाता शपथ ग्रहण कराई गई। इस गतिविधि में एन.सी.सी. के 18 केडिटों ने अपना सहयोग प्रदान किया और कार्यक्रम को सफल बनाया तथा हमारे प्राचार्य ने कहा कि सभी युवाओं को अपने मतदान का प्रयोग करना चाहिये। कॉलेज की प्राचार्य डॉ. चरनजीत कौर ने कहा कि मतदान का सभी युवाओं को प्रयोग करना चाहिये और लोकतंत्र में अपना सहयोग करना चाहिये तथा सभी को मतदान के प्रति जागरूक करना चाहिये।



गणतंत्र दिवस रिपोर्ट सत्र – 2021–22

दिनांक 26.01.2022 को गणतंत्र दिवस राष्ट्रीय पर्व के उपलक्ष्य में कैरियर कॉलेज के एनसी.सी. इकाई के द्वारा एवं समस्त विभागों के सामुहिक सहयोग से बनाया गया इस राष्ट्रीय पर्व मनाया गया। इस अवसर पर एन.सी.सी. के 25 केडिटों ने मार्च फास्ट का प्रदर्शन किया तथा कई देशभक्ति गीतों की प्रस्तुति दी एवं अन्य विभागों के विद्यार्थियों ने भी अपनी प्रस्तुतियाँ दी। कॉलेज के उपाध्यक्ष, प्राचार्य एवं वरिष्ठ प्राध्यापकों ने विद्यार्थियों को सम्बोधित किया एवं देश के प्रति अपने कर्तव्यों का निर्वाह करने के लिये आह्वान किया लोकतंत्र एवं गणतंत्र दिवस पर प्रकाश डालते हुये महत्वपूर्ण जानकारियाँ दी।



बसन्त पंचमी आयोजन रिपोर्ट सत्र – 2021–22

दिनांक 05.02.2022 को बसन्त पंचमी पर्व के उपलक्ष्य में कॅरियर कॉलेज के एन.सी.सी. एवं एन.एस.एस. इकाई द्वारा एवं वाणिज्य एवं प्रबंध विभाग के सामुहिक सहयोग से बसन्त पंचमी का आयोजन एकता नगर झुग्गी बस्ती में कराया गया। इसमें विद्यार्थियों द्वारा किताब, कॉपी, पेन, पेन्सिल आदि बच्चों को वितरित किया गया। इस गतिविधि में एन.सी.सी. के 15 क्रेडिटों सहित 56 विद्यार्थियों ने भाग लिया तथा अन्नाशेष वेलफेअर सोसायटी एनजीओ तथा पैथालॉजी साथ मिलकर स्वास्थ्य प्रशिक्षण शिविर का आयोजन तथा एकता नगर के वासियों ने भरपूर सहयोग प्रदान कर कार्यक्रम को सफल बनाया। इस पावन पर्व पर डॉ. चरनजीत कौर ने बहुत सराहना की।



अंतर्राष्ट्रीय योग दिवस रिपोर्ट

सत्र – 2021–22

दिनांक 21.06.2022 को अंतर्राष्ट्रीय योग दिवस के अवसर पर कॉलेज के एन.सी.सी. एवं एन.एस.एस. इकाई तथा समस्त विभागों के सामुहिक सहयोग से कॉलेज आडिटोरियम में योग तथा सूर्य नमस्कार का आयोजन किया गया। इस अवसर पर प्राचार्य डॉ. चरनजीत कौर ने कहा कि योग को अपने दैनिक जीवन में भाग बनाना अति आवश्यक है तथा योग के सहयोग से स्वस्थ रहने में सहयोग प्रदान होता है। इस कार्यक्रम में एन.सी.सी. के केडिटों सहित 66 विद्यार्थियों ने अपना सहयोग प्रदान किया और कार्यक्रम को सफल बनाया।



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Women empowerment Cell

Gender equality today for a sustainable tomorrow'

Literacy teaching and learning in the COVID-19 crisis and beyond'

The pandemic and its consequences have exacerbated already-existing disparities in access to meaningful literacy learning opportunities, affecting illiterate children and adults. They are more vulnerable in managing their health, career, and life when they have poor or no reading and writing skills. WEC organized a one day digital literacy program for the women's of God Gram Shapur village to make them more digitally skilled. Digital access helps women refine vocational skills (agriculture, cooking, beautician training etc.), improve financial literacy, keep up with government programs that benefit their families, and learn about nutrition.



Digital literacy Awareness Program for house wives of Shapur Village

Poshan Ahar Jagrukta abhiyan:

A nutrition-rich diet is necessary for the complete development of children. Deficiency of essential nutrients results to malnutrition, which leads to many diseases and disorders. Thus the WEC launched the **Poshan Ahar Jagrukta abhiyan**, to end the fight against malnutrition and create awareness related to the nutrition-rich food among the children of God Gram Shapur village on 11/09/2021.



Distribution of fruits to the students of primary school of Shapur village

Yoga se Bharat Rog Mukht Hoga (Yoga Awareness Program)

The COVID-19 pandemic has increased stress and anxiety among people. Illness and isolation are affecting not only the health of the patient but also the emotional health and even the health of his/her family members. Yoga helps in dealing with these types of issues. It helps us to create psycho-physical health, emotional harmony; and manages daily stress and its consequences.



WEC organized one day Yoga awareness program for the children of God Gram Shapur village on 11/09/2021

PCOS awareness program for adolescent girls of God Gram Shapur on 11/09/2021:

September is marked PCOS Awareness Month. PCOS stands for polycystic ovary syndrome - a disorder which all women should be aware of, especially as soon as their teenage years begin. Polycystic ovary syndrome (PCOS) is not only a matter of concern for women of the reproductive age group but even for young teens. Currently, a large number of young teens are getting diagnosed

with PCOS due to sedentary lifestyles. WEC organized a PCOS awareness program for the middle school and high school girls of Shapur Village. Many girls had queries regarding periods date, pain, delay of periods, obesity etc. which the members of WEC deal with by giving appropriate solutions. The students even pledged to lead a healthy life.

आयोजन

गोद ग्राम शाहपुर में एक दिवसीय जागरूकता शिविर आयोजित

विद्यार्थियों ने समझा स्वास्थ्य और स्वच्छता का महत्व

कारखाने का साफर भोपाल।

5 अक्टूबर केरियर कॉलेज की एनएसएस एवं महिला सशक्तिकरण इकाई द्वारा गोद ग्राम शाहपुर में एक दिवसीय जागरूकता शिविर आयोजित किया गया जिसमें स्वास्थ्य से संबंधित महत्वपूर्ण जानकारियाँ विशेषकर बालिकाओं को सेनेटरी नेपकिन के बारे में समझाते हुए नेपकिन का वितरण किया गया। साथ ही यहाँ की महिलाओं को पोषक आहार के महत्व को बताते हुए पोषक आहार की किट इकाई द्वारा भेंट की गई साथ ही पर्यावरण को बढ़ावा देने हेतु इकाई द्वारा 50 फलदार एवं छायादार वृक्षों का रोपण भी किया गया। यहाँ के मिडिल हायर सेकेंडरी स्कूल के छात्रों को योगा सिखाते हुए योगा का महत्व बताते हुए कंप्यूटर का ज्ञान बढ़ाने हेतु दो कंप्यूटर भेंट में किए गए। इस अवसर पर केरियर महाविद्यालय की एनएसएस प्रभारी डॉ नोतु शर्मा डॉक्टर दीपिका श्रीवास्तव डॉ कपिल सबसेना महिला सशक्तिकरण सेल के प्रभारी डॉ निधि त्रिपाठी एवं डॉक्टर अंजली चौधरी उपस्थित रही।



AIDS Awareness Program:

HIV and AIDS is a leading cause of death among women of reproductive age and the leading cause of death in adolescent girls and women aged 15-49 years globally. On the occasion of World AIDS Day, WEC organized Poster and slogan competition on the theme ‘**End inequalities and End AIDS**’ on 1st December 2021. Around 40 students participated in the event. The Judge of this event was **Professor Charanjit Kaur**, Principal, Career College, Bhopal and highly appreciated the students and the faculties for taking the initiative to promote AIDS awareness among the masses.



AIDS Awareness program on End inequalities and End AIDS

Girl Child Day :

Again tough time was arrived, Covid 19 third outbreaks was , most of the students were get back to their home and classes were conducting online. To release the fear of pandemic creatively, WEC and Dept. of Biotechnology and Biochemistry organized online poster and 1 min video competition on the occasion of 'National Girl Child Day'. Theme for the competition is 'Empowering women for better tomorrow'. Students had to upload image of their respective posters on Google form link on 24th January 2022 between 11 AM to 5 PM, link for uploading posters was sent on their respective class What's - app group.

Deepak Pandit and Vaishnavi Sharma won the first prize, Khushi Setpalani and Smrity Kumar won the second prize and Sneha Chouhan won the 3rd prize in online poster making competition on the occasion of 'Girl Child Day'. Whereas Pratayashi Noel won the first prize in video making competition.



Gender: Beyond the boundaries

Women Empowerment Cell in association with Dept. of Chemistry and NSS organized a Gender Sensitization Program on ‘**Gender: Beyond the boundaries**’. The aim of the program was to aware young minds about community evils that are leading to gender inequality. **Ms. Kumud Singh, Secretary of Sarokar NGO**, Bhopal was the keynote speaker. She explained importance of gender Sensitization in India. Around 120 participants benefitted by the program. Students of NSS cell performed a Nukkad Natak ‘**Meri Soch Mera Samman, Ye Hai Mera Adhikaar**’.



Gender Beyond the Boundaries

Expert Talk in ‘Women's Rights

On 5th March, 2022, Women Empowerment Cell and NSS of Career College, with **Young Indians** organized a Gender sensitization program on **Women's Rights**. **Ms. Anjali Goyal (CA)** and **Shri Om Shanker Shrivastava (Advocate)** was the resource person. Ms. Anjali Goyal spoke about the need of awareness about women rights. Mr. Om Shankar Shrivastava explained Article 15, 14, 16 (breaking the bias), 39 (equality for gender), 42 (maternity relief), 51(duty for dignity), 243 (reservation for women). All the faculty members and more than 100 students got benefitted from the program.



Expert Talk on Women Rights by Ms. Anjali Goyal (CA) and Shri Om Shanker Shrivastava (Advocate)

My story - motivational session by successful woman innovator:

Entrepreneurship and building enterprises are the need of the hour. This in the best way to enhance the growth and development of the nations as well as to augment national economy. On the occasion of International Women’s day (Month) WEC organized a ‘Gender equality today for a sustainable tomorrow’.

Sub theme of the program is ‘My story - motivational session by successful innovators’. Mrs. Shweta Sisodia, Managing Director, Skin Ethics (formally known as Ved Shunya) was the resource person for the program. Shweta is an alumini student; she did M.Sc in Biotechnology from Career College (2006-08 batches). Recently she was awarded by Foxclues India for Top 100 Women Icon Awards, 2021.

She motivated all the aspiring students and faculty towards entrepreneurship. More than was 100 students and faculty were benefited by the program.



Mrs. Shweta Sisodiya, Managing Director Skin Ethics, Indore delivered her talk on 'My story - motivational session by successful woman innovator'

It was a very informative and interactive session. She covered all the aspects of entrepreneurship, how to thing big and meaningful, traits required for entrepreneurs, tips for success and of course his experience (ups and downs) he faced in the business.

Women's Day Celebration

On the occasion of International Women's Day, Women Empowerment Cell, celebrated womanhood in association with Punjabi Sahitya Academy. Ms. Neeru Singh (Giani), (Director, Punjabi Sahitya Academy) delivered the welcome address.



Felicitation of Women by Punjabi Sahitya Academy

Theme of the program were introduce by Dr. Charanjit Kaur (Principal, Career College, Bhopal), Dr. Swaranjit Kaur (General Secretary, MP & CG, Kendriya Sikh Stree Sabha) delivered her lecture on Bibi Rup Kaur, Ms. Surjit Kaur (Principal, Gurunanak Public School Eidgah Hills, Bhopal) discussed about the role of the last queen of Sikh Empire, Maharani Jind Kaur, in Indian history. Technical session was followed by felicitation of the women achievers of MP.



Celebrated womanhood by mesmerizing Giddha

Beautiful Giddha folk dance was performed by the women and girls of Punjabi Sahita academy. Around 180 Female participants were benefited by the program.

Mothers Day Celebration

On the occasion of Mothers Day **Women Empowerment Cell** by sowing seed with your mother. Students participated very enthusiastically with their respective mothers. They pledged to take care of the plant life time as a token of love and respect for mother.

A+
Grade By
NAAC

CAREER COLLEGE
Govindpura, BHEL, Bhopal (M.P) India

53
YEARS
OF
ACADEMIC
EXCELLENCE

Women Empowerment Cell
Celebrating
Mothers Day (8th May 2022)

Happy Mother's Day

Celebrate this mothers day with your mother by sowing seeds.
Seed balls are available in Green Cluster, Career College, Bhopal